

Name: \_\_\_\_\_

Date: \_\_\_\_\_

# RESILIENCE

A F F T F R I E N D S H I P N O E  
C E D R Q V G V Y D M W G D A Z C  
Q X K O S U E U Z J O V N F O W N  
Q P F P R C T H D H J U I S D N E  
Z E L P E M O T I O N S D N Z T I  
G R E U I G R O W T H C N O E P L  
T I X S T T Q Q D C T Y A I B L I  
U E I C H E W D G C D H T T L E S  
N N B F Q C V D I F K T S A Z A E  
P C I N Y A N O R D R A R S D R R  
S E L T E W I I L Y C P E N G N J  
K Y I E V N E M X E T M D E L I R  
A O T Q V N D P V C H E N S U N U  
C J Y K D L G I F O Z G U I Y G Z  
N P U S O P Q F P E G A R U O C P  
X G S D P W N E B Z Q Z Z N M I H  
B O U N C E S A D G T H B O A X C

understanding  
sensations  
support  
growth  
joy

flexibility  
resilience  
friends  
bounce

friendship  
learning  
empathy  
love

experience  
emotions  
courage  
hope