

Name: _____

Date: _____

ReThink Your Drink

S E R K Z W E N E R G Y D R I N K
T N O S S W L E M O N Y Y L Y D S
R H S I L E N O I T A R D Y H D Z
A C V R I I S P O R T S D R I N K
W W W E S G N G F E R C W D W Q U
B G X S A H O F S M J A K D U K D
E M C A B T I M Q P O R A N G E P
R U J E V G T M C T Q A D O S B R
R C B S F A A I U Y P N Q U P Z C
Y I O I O I R N C C F L E M I L V
E J W D P N D T U A W G S B G D Y
A W C X F X Y G M L S K O N I B T
M C T J W I H H B O D K H N N R W
E X S Q T D E Q E R J R J E M G J
L M E J Y K D Q R I U W A T E R D
O T E A S P O O N E E M E N A S Y
E R A G U S N H F S Q D Y Y H M A

Empty Calories
Dehydration
Cucumber
Lemon
Mint

Disease Risk
Weight Gain
Teaspoon
Sugar
Soda

Energy Drink
Strawberry
Orange
Water

Sports Drink
Hydration
Basil
Lime