

Name: \_\_\_\_\_

Date: \_\_\_\_\_

# Sanskrit

isvarapranidhana

aparigraha

virabhadra

muladhara

vishuddha

manipura

santosha

anahata

dharana

pingala

samadhi

ahimsa

asteya

chakra

dhyana

mantra

niyama

saucha

utkata

asana

hatha

karma

mudra

prana

simha

sutra

raja

yama

yoga

ida



A S T E Y A W V Z T S A M A D H I  
A N X G S N A N F J I A S A N A N  
Q U A Q I C Y O G A S V H M K Z V  
T S P C M H T R E O V P A U V M I  
R X I C H A D A A C A A T D N U R  
A N N T A K K N A U R X H R X L A  
J I G M M R J A A R A B A A T A B  
A Y A A D A N H B B P N H X V D H  
V A L N H M U A P A R I G R A H A  
I M A I Y L S T G N A S C I D A D  
S A M P A P A A S D N A Z A V R R  
H R A U N R N Y S H I U Y H U A A  
U K N R A A T A Y A D C G I T B M  
D A T A P N O M R R H H P M K Q D  
D R R U Y A S A U A A A O S A J G  
H M A F C I H M L N N P D A T E W  
A A S U T R A W I A A H F B A B T