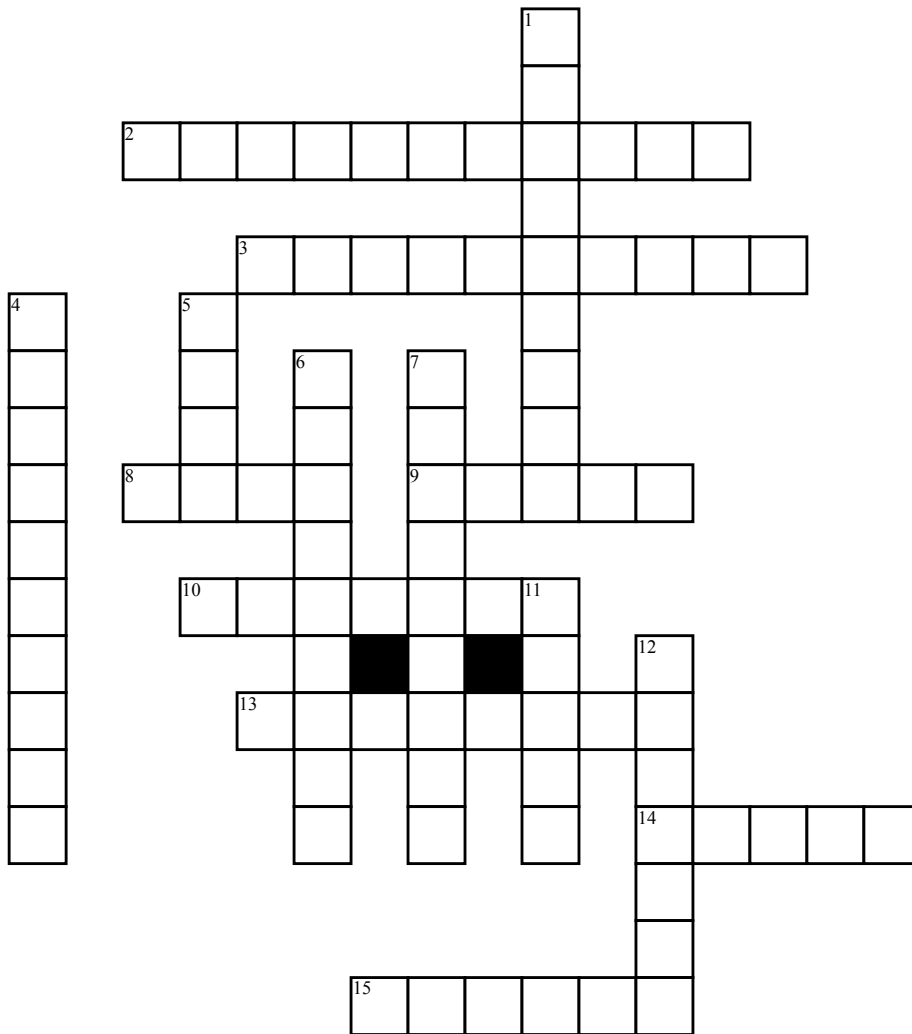


Name: _____

Date: _____

Self Esteem



Across

- 2. affects everything you do
- 3. You need this to be able to do hard things
- 8. What you need if you have very low self esteem
- 9. Affects peoples self esteem through a phone
- 10. Sometimes judge how you look

13. If you _____ about yourself you might have low self esteem

14. You need to be _____ in order to before confident

15. They help you with your self esteem usually

Down

1. Can determine how your life will go

4. How you look

5. You need somebody to _____ for you

6. Need this so your not sad all the time

7. To have high self esteem you need to be this

11. Your knowledge is how _____ you are

12. You need to be this in order to have confidence and be happy

Word Bank

Be mindful
care
confidence

happiness
smart
Help

your choices
friends
healthy

Loved
childhood
media

Self Care
appearance
family