

Name: _____

Date: _____

Self Exploration

I N T E R E S T S A S N J V L K C I W C V Y U B
S E K H U K C J J T E U N A Z U O O R P I A N H
P D N U S X W I F Q I G O L I W M T K E H M O H
I X N S L X H K C E T C C P X G P U J O U G I M
R K S K A W P I E C I M H D U Y E G A N J I T S
I K E T O Q K K E T C Y Y C B B T F L O J B A K
T Y L D G F O Q P O A D G J K G E P U I Q D R B
U J F B H H Z M T M P P G Q T K N B A T L G O H
A K A U N A L S L B A E I C I E C A C A Z O L G
L Q S N A N W R V E C R E C V A I D Y G S I P U
C Y S V D A X R H G L S J Q B M E I L I K M X E
A Y E U P L J G J D A O W W E T S W S T K I E R
P H S X E Y E C Y E U N R U R C X U R S H T R A
A W S E D S V A A L T A B S R Q I K M E G K Q L
C G M U K I P L S W C L B A E Y U C W V A E C X
I N E V Z S Q G N O E I M X K C P B S N C Q Y T
T I N Q E J L J X N L T Q D T P N E T I J G S E
I K T K G K T N L K L Y C V B X U E L V R K Y X
E S B O S I F J B F E T M Z G L X X R R T P Q Q
S A Z D V J S Y U L T R Z J A O O W Z E V Z T T
U Z E G C M B I S E N A C V J X V F V O F I T D
M P R L V D P Y B S I I T H M S D P J V I E I B
S L O X U K Q Y N C G T W R A C F A S W V Q R H
N C S L L I K S X L D S X U I R O M J P X O E P

intellectual capacities
self assessment
competencies
asking why
values

spiritual capacities
self knowledge
preferences
interests
skills

personality traits
investigation
exploration
analysis
goals