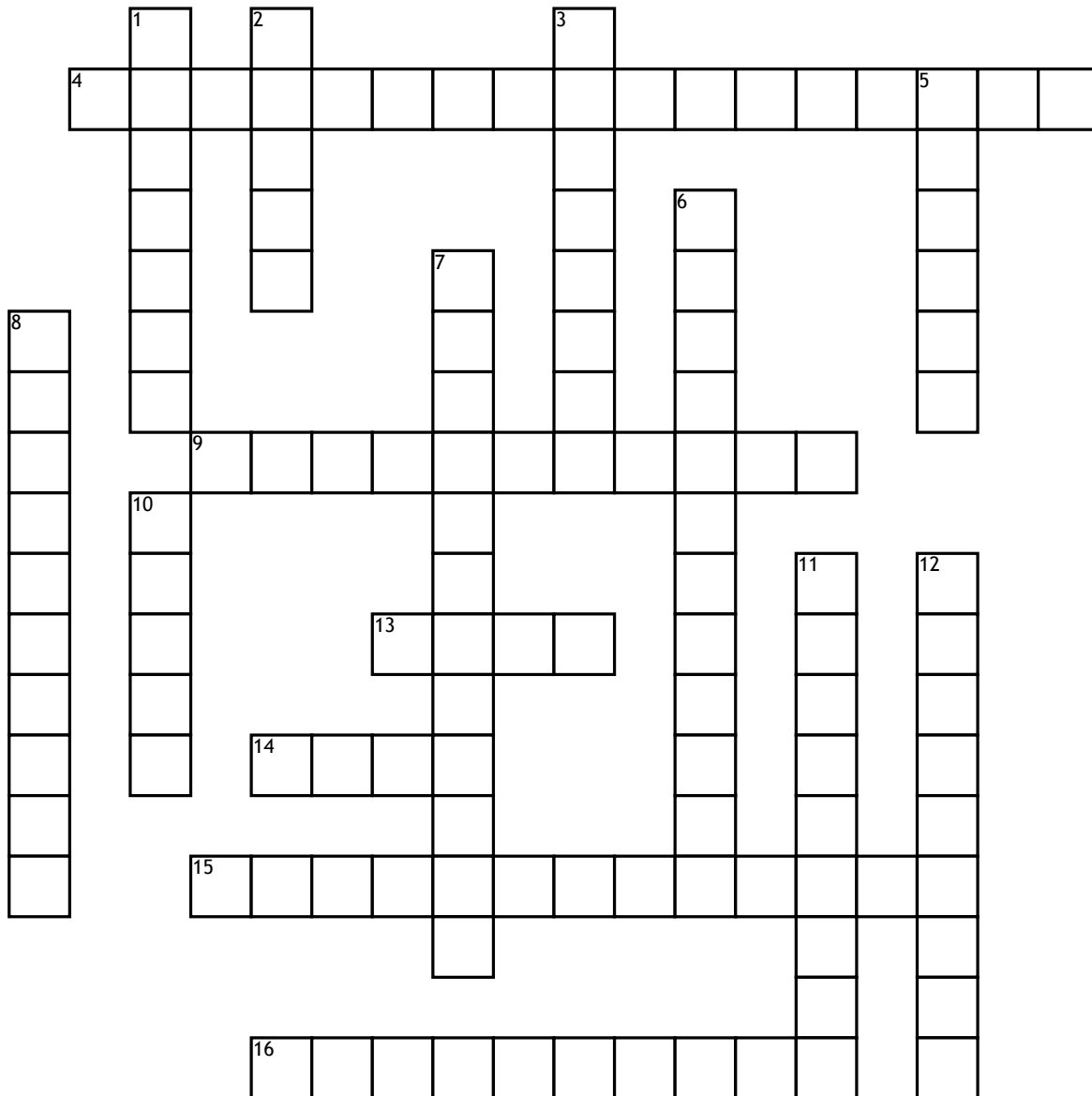


Name: \_\_\_\_\_

Date: \_\_\_\_\_

# Shoulder Puzzle



## Across

4. Sprains at this joint can be classified by 6 types of severity  
 9. Chronic injury caused by overuse, shoulder weakness, or hypermobility  
 13. The rotator \_\_\_\_\_ is a group of muscles that rotate the shoulder  
 14. Number of joints in the shoulder complex  
 15. The most superiorly located muscle in the rotator cuff

16. Test for inferior GH insability

## Down

1. Large, flat bone in the shoulder complex  
 2. Acronym for the most common mechanism of injury for the shoulder  
 3. The \_\_\_\_\_ is the bone between the SC and AC joint  
 5. Ring of cartilage in the glenoid fossa that helps stabilize the humerus  
 6. Test for chronic anterior GH instability

7. Joint with the most range of motion

8. Treatment for many acute shoulder injuries is to \_\_\_\_\_ the shoulder in a sling  
 10. Test for active range of motion in the shoulder  
 11. Lateral movement of the arm to reach overhead  
 12. The opposite of shoulder flexion