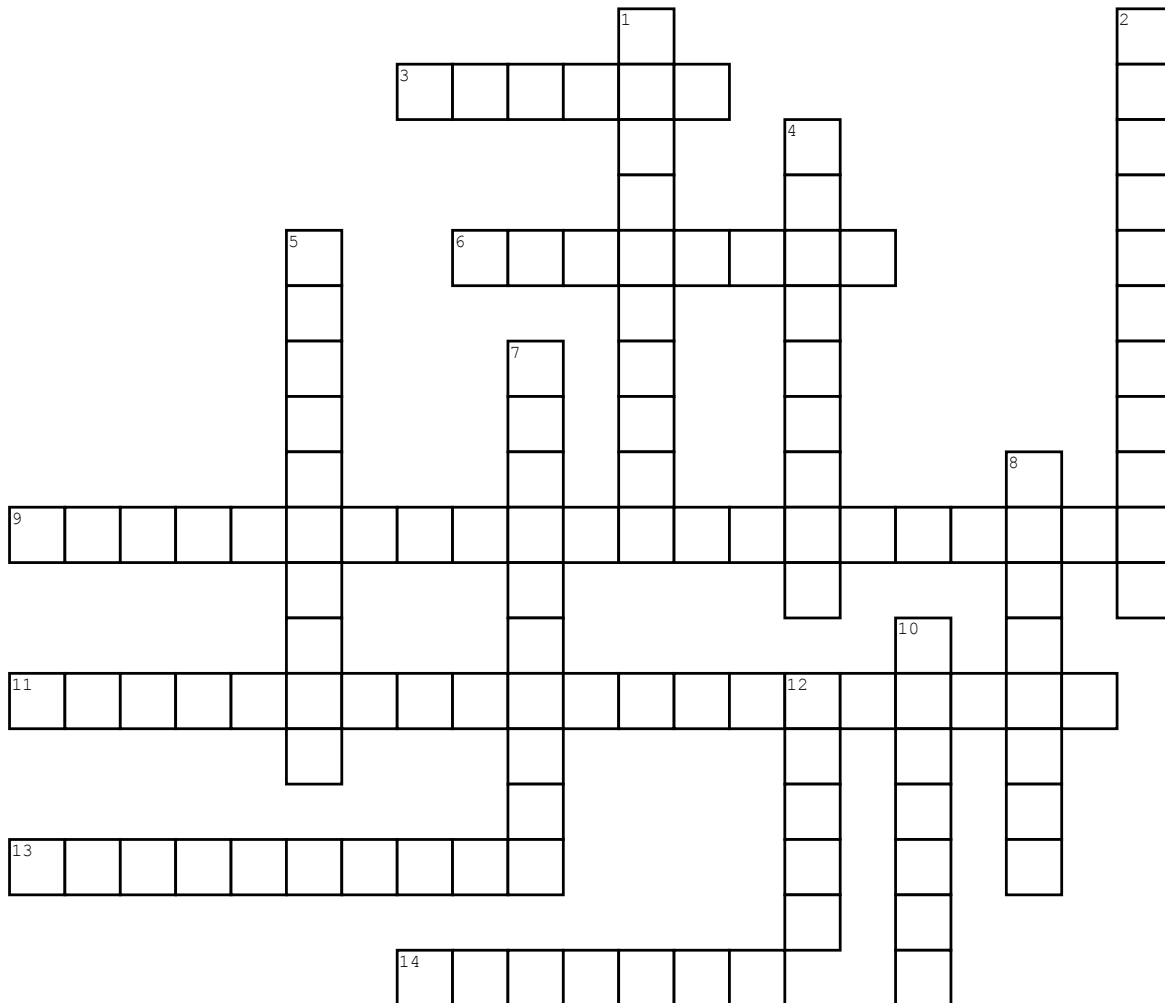


Name: _____

Date: _____

Sleep Disorders



Across

3. What disorder occurs when you fly across different time zones
 6. What is one of the most common sleep disorders?
 9. If you have an irresistible need to sleep you most likely have?
 11. What sleep disorder results in movement of legs during the night?
 13. A sleep disorder that makes you feel overwhelmingly tired, and in severe cases, have sudden uncontrollable sleep attacks

14. What sleep disorder can evolve in grinding your teeth during sleep?

Down

1. What sleep disorder is when you have extreme sleepiness and falls asleep suddenly during the day?
 2. sleep disorders that involve unwanted events or experiences that occur while you are falling asleep, sleeping or waking up
 4. Whats an example of a Circadian Rhythm Sleep-Wake disorder?

5. A lack of oxygen in your body can lead to..?
 7. Operating a vehicle with _____ is illegal in some countries
 8. When you have difficulty falling asleep or staying asleep throughout the night, you have?
 10. What is an example of a sleep movement disorder?
 12. A sleep disorder that causes a person's sleep time to shift a little later every day