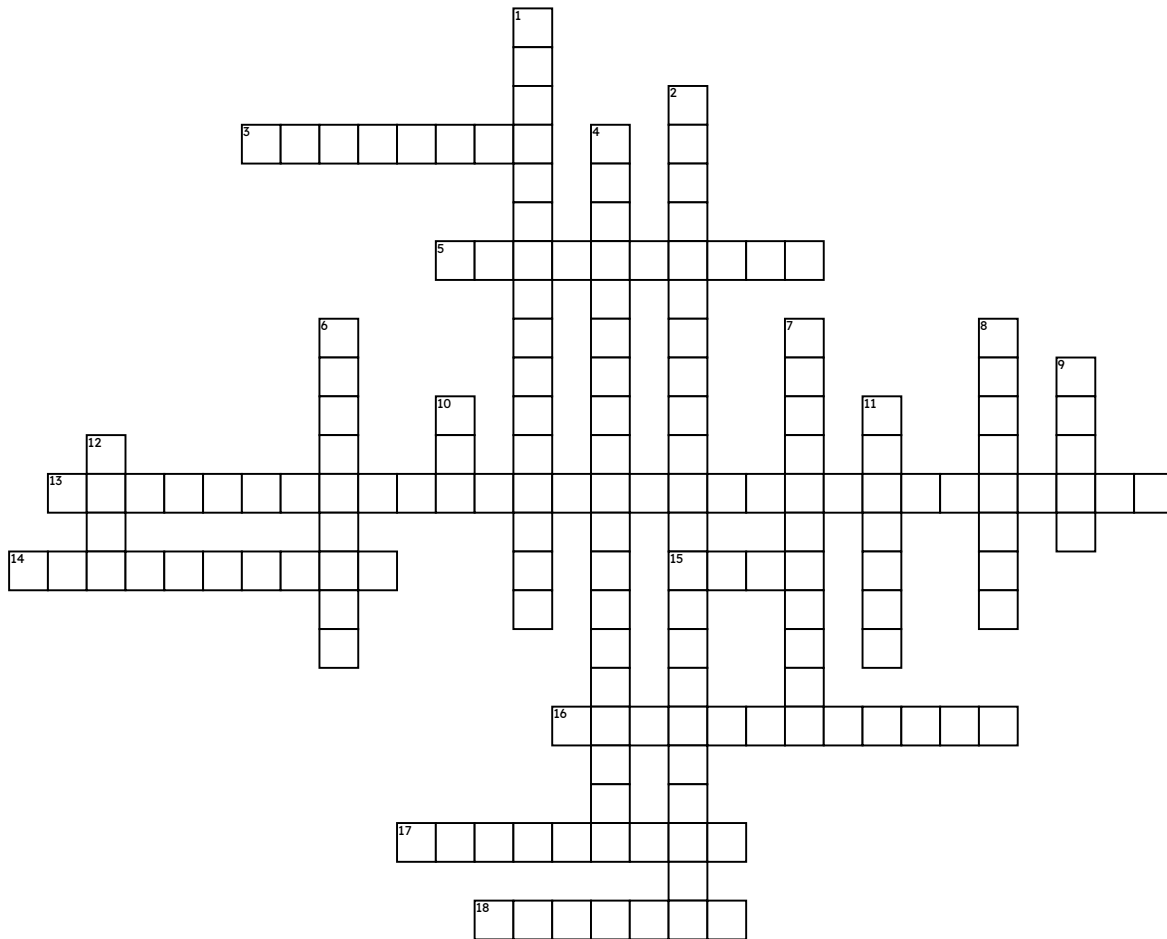


Sleep Paralysis Crossword



Across

- 3.** A throbbing headache accompanied with sleep paralysis.
5. It is the action of being sleepy.
13. It is the worst of the three types of sleep paralysis, related to out of body sleep experiences.
14. It is a condition of falling asleep in relaxing surroundings.
15. It is an abbreviation of selective serotonin reuptake inhibitor.
16. It is another word for sleep paralysis.
17. It is the past tense act of being tired.

- 18.** A feeling of worry and nervousness, usually when there is an uncertain outcome.

Down

- 1.** Also known as insufficient sleep or sleeplessness, it is a condition of not having enough sleep.
2. It is the percentage of all human beings that have encountered sleep paralysis at least once (in word form).
4. Described as difficulty in breathing.
6. Usually as a result of injury or sickness, it is the loss of an ability to move.

- 7.** It is the action of seeing a seemingly real perception of something not actually present, typically as a result of a mental disorder or the use of drugs.

- 8.** Passed down from parents to their children.

- 9.** It is the most commonly described figure in an episode.

- 10.** It is an abbreviation of rapid eye movement.

- 11.** Can occur from a few seconds to a few minutes, frequently used in cartoons, but in this case an event of sleep paralysis.

- 12.** It is the adjective of being frightened.