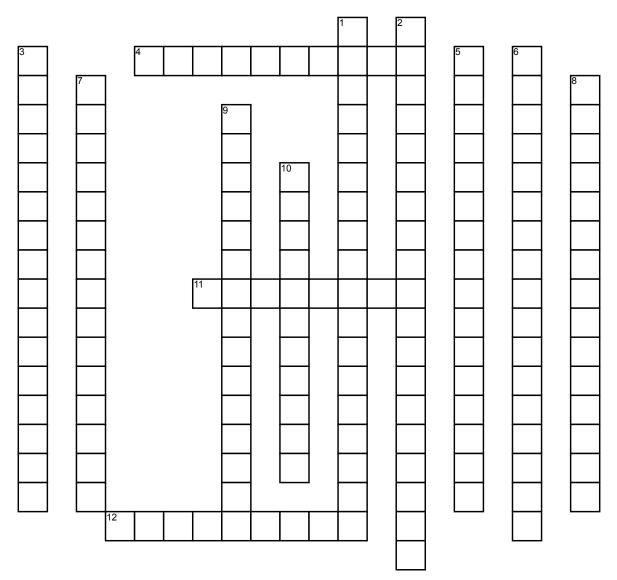
## Smokefree!



## <u>Across</u>

4. Who should you call when you want to quit? **11.** What is the first quitting day called? 12. What else happens when you quit? Down

1. Which method has a peppery effect?

2. What should you prepare before quitting? 3. What happens when you quit for good? 5. What should you prepare before quitting? 6. Where can you attend meetings for free? 7. What Quit Smoking method do you park in your cheek?

8. Which method do you puff on? 9. What website gives tips on quitting? **10.** What does it take to be smokefree?