

Name: _____ Date: _____

Sociology of Family Class Worksheet: Understanding different contraceptive methods

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| 1. If you decide to refrain from having sex | A. IUD |
| 2. Many methods of contraception also lower your chance of getting an | B. The Diaphragm |
| 3. An example of emergency contraception is | C. the less effective it will be |
| 4. The two most commonly used type of contraception | D. Morning after pill |
| 5. This is a type of barrier method | E. Contraceptive Injections |
| 6. Placed inside of the vagina and prevents sperm from getting into the uterus, but does not protect against STIS | F. STI |
| 7. This method dates back to the 60s with the invention of artificial progesterone (progestin). This method has the same effect as the pill. | G. Knowing the menstrual cycle |
| 8. Natural family planning relies on | H. The contraceptive implant |
| 9. When using emergency contraception... the longer you wait to take the pill... | I. Condom |
| 10. You wear this for 3 weeks, take it off for one week (for your menstrual cycle) and then you start a new | J. Condom and the pill |
| 11. Transparent and plastic, inserted into the vagina and kept in for three weeks | K. Abstinence |
| 12. Long term protection, last about three years, inserted into the arm by a healthcare specialist | L. Contraceptive Patch |
| 13. You can keep these inside the vagina for up to 5 to 10 years. Two types, hormonal or copper based. | M. The Vaginal Ring |