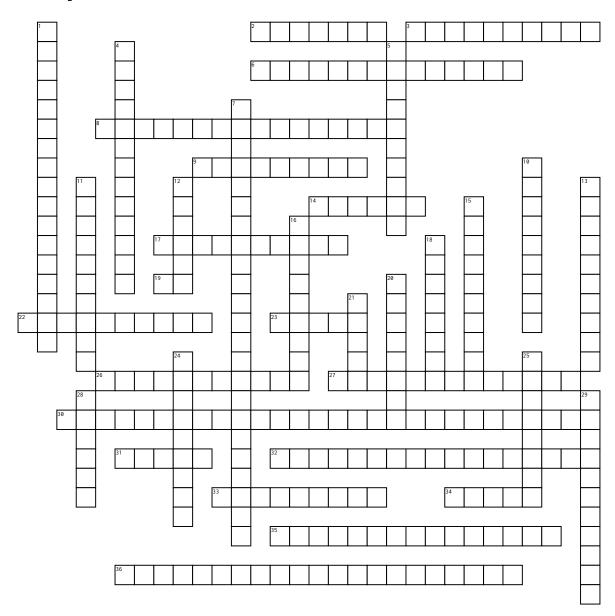
Name:	Date:	Period:

Spanish II - 5/6/2020



Across

- 2. muscle el
- 3. to practice; to train
- **6.** to gain weight
- 8. treadmill
- 9. to lose weight/ to slim down
- **14.** strong
- 17. to hurry; to rush apurarse
- 19. to try (to do something) tratar
- 22. trainer
- 23. to smoke
- **26.** well-being

- 27. to exercise
- **30.** aerobics class
- **31.** weak
- **32.** to be in good shape
- **33.** well-being
- **34.** drug
- **35.** to reduce tension
- **36.** to be under a lot of pressure

Down

- 1. to lead a healthy
 lifestyle
- **4.** to reduce stress
- **5.** drug addict
- 7. to do aerobics

- 10. calm, quiet
- 11. sedentary, related to sitting
- **12.** massage
- 13. drug addict
- 15. to warm up
- **16.** to enjoy; to reap the benefits
- 18. flexible
- 20. in excess; too much
- **21.** drug
- 24. couch potato
- 25. active
- **28.** massage
- 29. to be on a diet