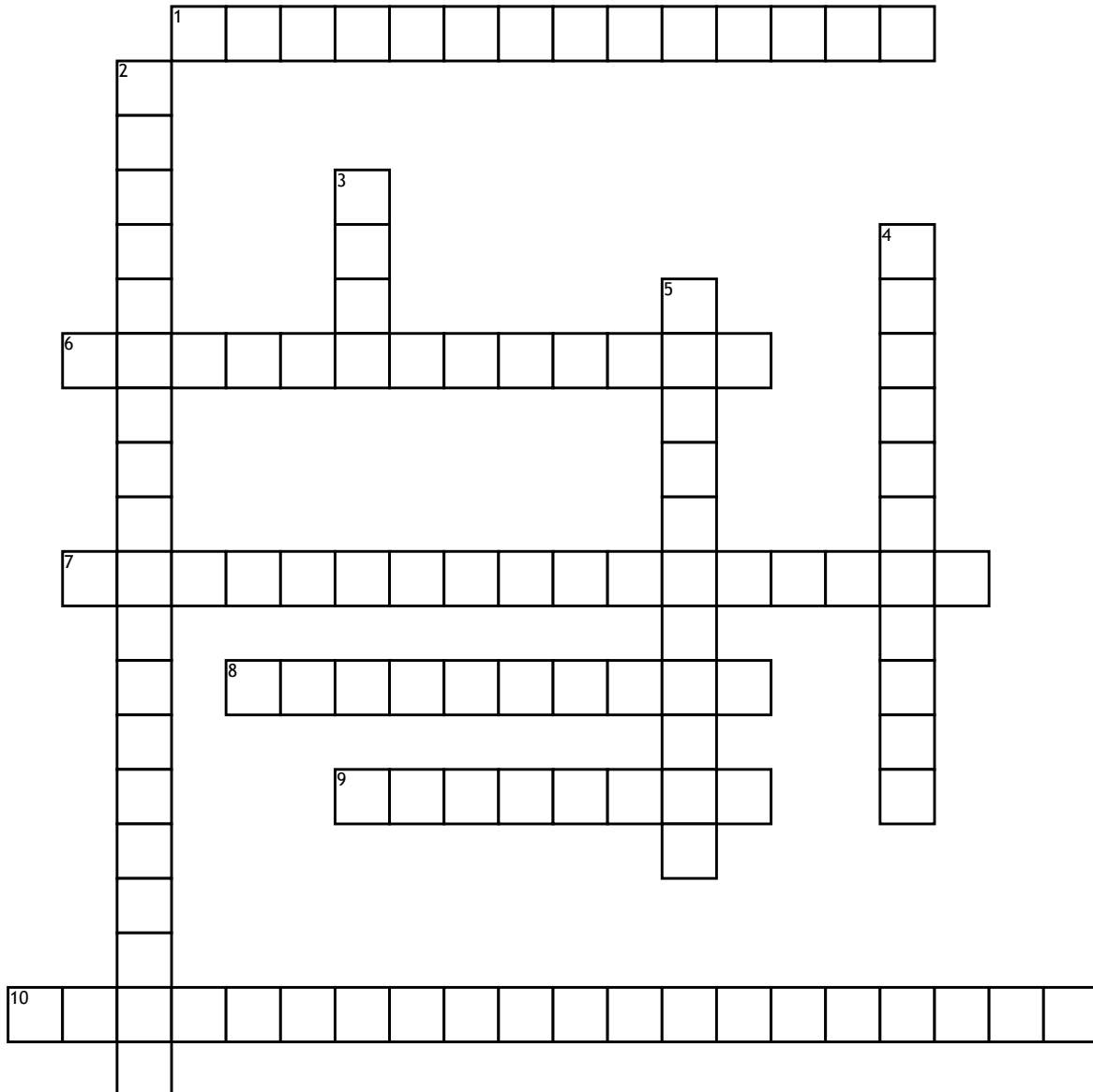


Name: \_\_\_\_\_

Date: \_\_\_\_\_

# Spinal Cord



## Across

- 1. can be impaired in both men and women
- 6. used to stand on tip toes to reach
- 7. addresses plantar flexion, ankle support
- 8. knee extension, sit to stand
- 9. help with positioning and pressure

10. bladder can spasm and contract on its own

## Down

- 2. therapy used to help SCI patients regain independence in ADL's
- 3. stabilize weak points at ankle and knee
- 4. responsible for ankle plantar flexion, bladder and sphincter
- 5. muscles innervate here to allow for knee extension