

Sport Psychology

Across

2. an event which could be a disaster

4. psychological state

6. how we feel

10. inherent traits that we adapt to situations

11. linear relationship

13. to act in a particular way

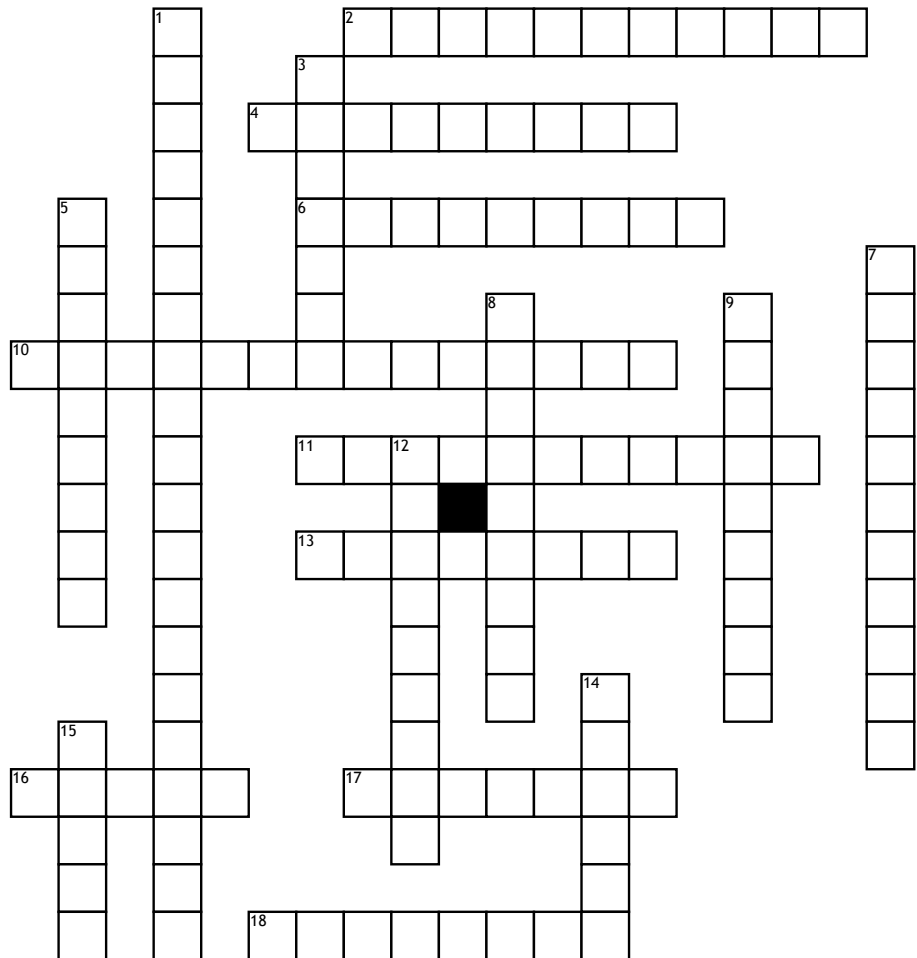
16. does not enjoy being in control

17. a state or readiness

18. WW. unpredictable emotions

Down

1. learning from people we hold in high esteem



3. physiological state

5. what we know and believe

7. how we behave

8. over and under arousal

9. Loves a social situation

12. Likes peace and quiet

14. a person who does not swing from one emotion to another

15. highly competitive