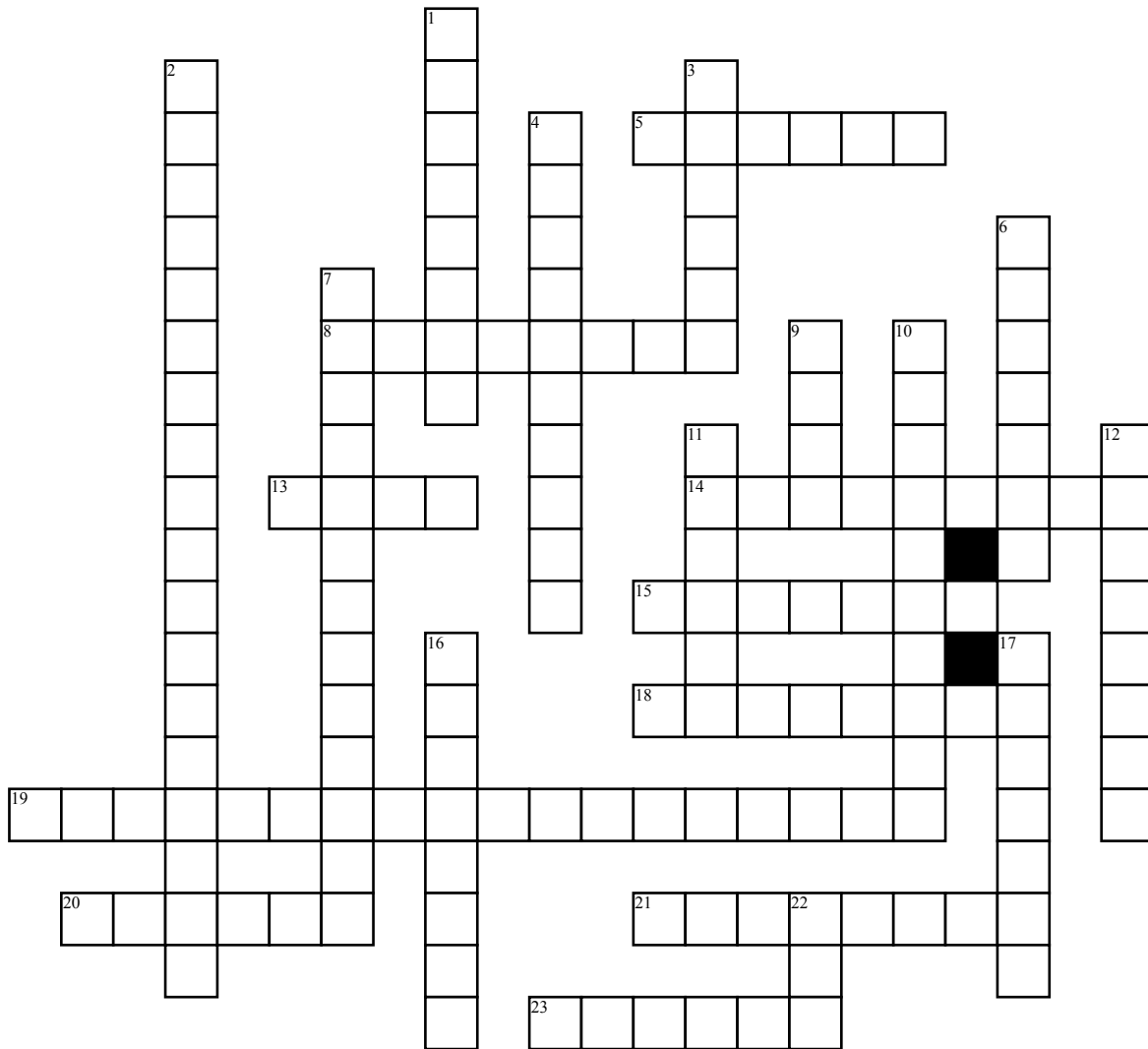


Sports Medicine Crossword



Across

- 5. towards the midline of the body
- 8. the wearing away of something, as happens to skin when it gets scraped.
- 13. where tissue is pulled or ripped apart by force.
- 14. back of body
- 15. away from the midline of the body
- 18. pertaining to the front of the body
- 19. a standing posture with the arms at the side and the palms of the hands facing forward
- 20. a stretch or tear of a muscle or tendon, the tough and narrow end of a muscle that connects it to a bone.
- 21. a bleeding or pooling of blood in an organ or other area of the body, usually because of a broken blood vessel.

- 23. away from the attachment of a limb or given site of reference

Down

- 1. a crack, break, or shattering of the bone.
- 2. a partial break in which one side of the bone is broken and the other side bends (this fracture resembles what would happen if you tried to break a green stick).
- 3. muscle to bone
- 4. The plane that divides the body into top and bottom halves
- 6. a condition that someone has for a long time or one that goes away and keeps coming back
- 7. the extent to which a joint can be extended and flexed in a normal way. Doctors use this to evaluate joint injuries.

- 9. describes pain or soreness felt hours or days after exercise.
- 10. a cut in the skin that is usually deep enough to require stitches.
- 11. a stretch or tear of a ligament, the tissue that supports and strengthens joints by connecting bones and cartilage.
- 12. toward the attachment of the limb to the trunk or given site
- 16. bone to bone
- 17. The plane that separates the body into front and back
- 22. a ligament that helps give the knee stability — one of the four main ligaments in the knee joint that connect to the shinbone and thighbone.