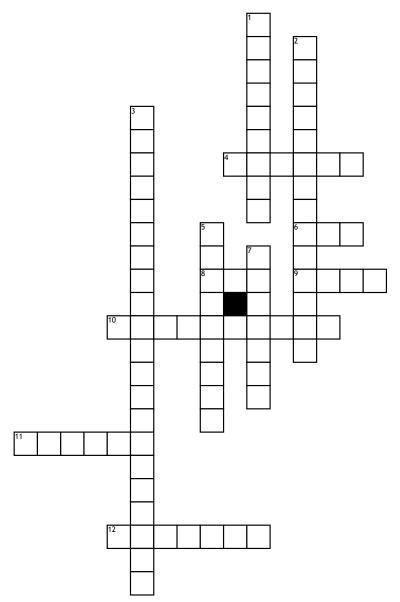
Name:	Date:	Period:
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## Sports camp



## Across

- 4. Feet together, half step back; shoulder width apart; and open toe.
- **6.** align the string and aroow point on the target.
- 8. Compliment; Posative Correction; Review
- **9.** With with arm parallel to the ground, smoothly pull aim; maintain active bow the string towards face.

- 10. bow hand knuckels form 30-45degree angle.
- 11. index finger tip placed touching corner of mouth.
- 12. relax the hooked fingers and back of drawing hand at one time.

## Down

1. continue to arm:rearward movement of draw.

- **2.** hook bow sting in archers groove. hand relaxed and flat
- 3. paint the face until thumb touches the shoulder.
- 5. grab below fletching, up and over vertical bow.
- 7. hinge the bow arm and drawing arm to eye level keeping shoulders level.