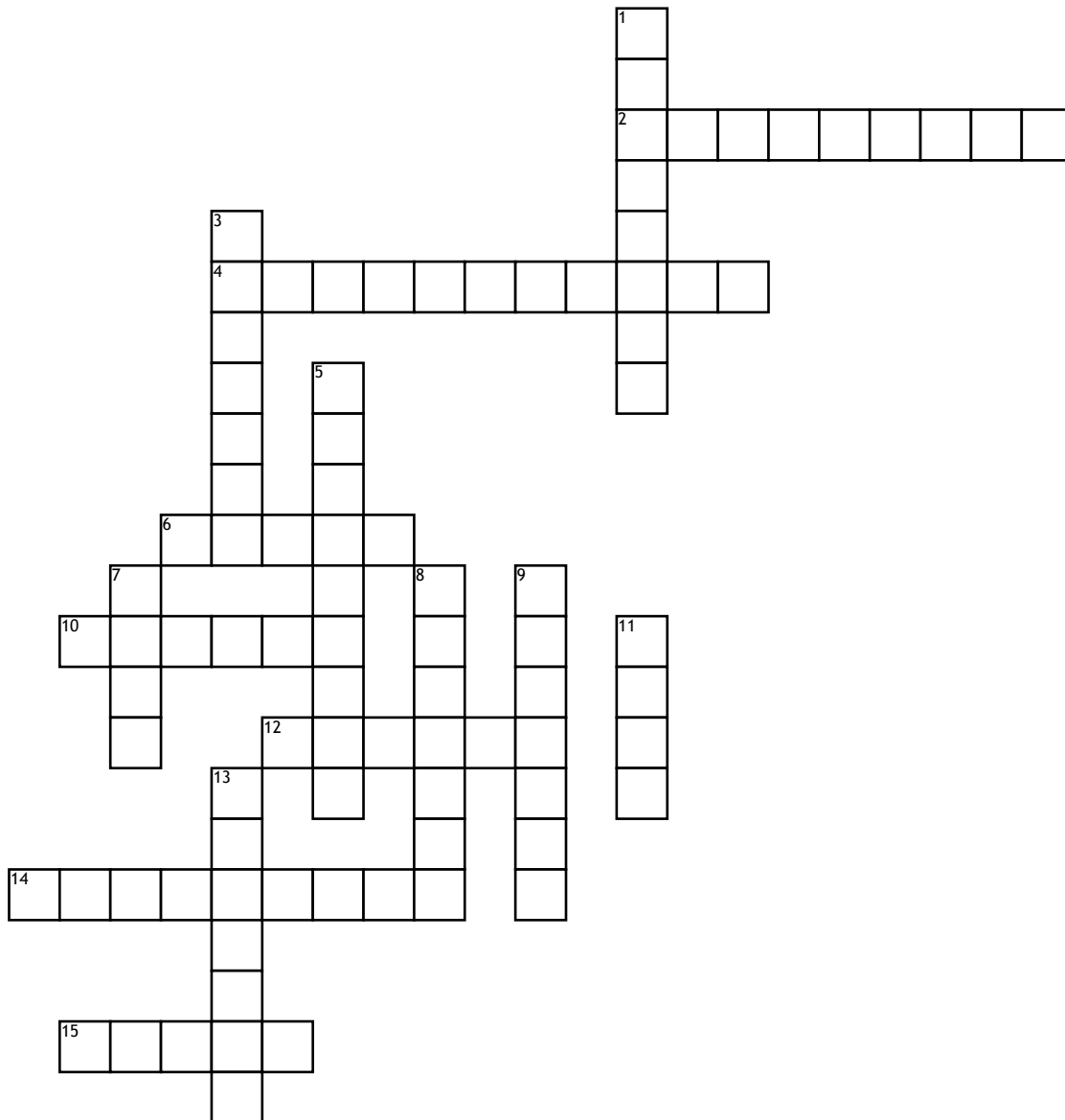


Name: _____

Date: _____

Stages of Nutrition



Across

2. working period of your life

4. The 2nd fastest period of growth

6. Children should eat _____ frequent meals

10. infancy is the fastest _____ Period

12. Is needed for rapid cells division and growth in the fetus

14. The stage before a baby is born

15. Adults need _____ in their diet

Down

1. Pregnant women get these

3. they need this to keep their bones strong

5. Young children are in _____

7. Girls need more _____ than boys during adolescence

8. The youngest stage of life after birth

9. A stage of adolescence

11. liquid infants get from breasts

13. Retirement