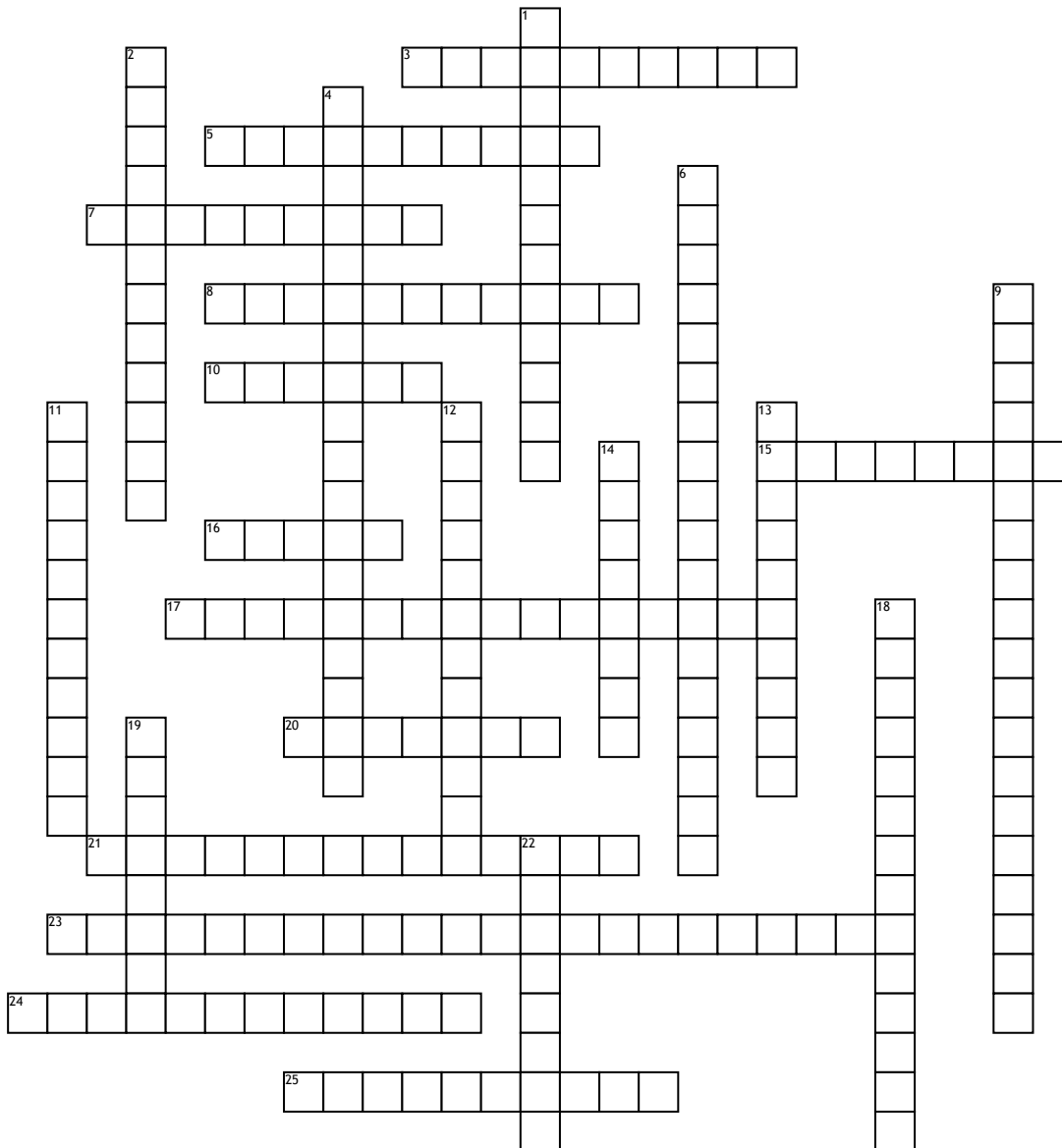


Name: _____

States of Consciousness



Across

- 3. Stops breathing while asleep
- 5. Transition from wakefulness to sleep
- 7. Awareness of your surroundings and inside your head
- 8. Unawareness
- 10. Mental activity while asleep
- 15. Cause is by evolution, avoid predators at night
- 16. Altered state of consciousness characterized by brain
- 17. Pathway to our subconscious, desires

20. Implicit memory effect the information

21. A way to deal with stress, sort out dreams

23. specific actions requested after awoken from hypnosis

24. split in conscious

25. Ability of blind people to have visual stimuli

Down

1. The more you are exposed to it the more you like it

2. information we are not currently thinking

4. Necessary for physical health

6. not remembering events while hypnotized

9. Unrealistic stimuli

11. Not nightmare, wake up with fear but do not know why

12. Multitasking without thinking

13. Sleep seizure, might sleep at any moment

14. Paradoxical sleep, where dreams occur

18. 24h cycle

19. Conscious state in which is more open to suggestions

22. Inability to have a good quality sleep