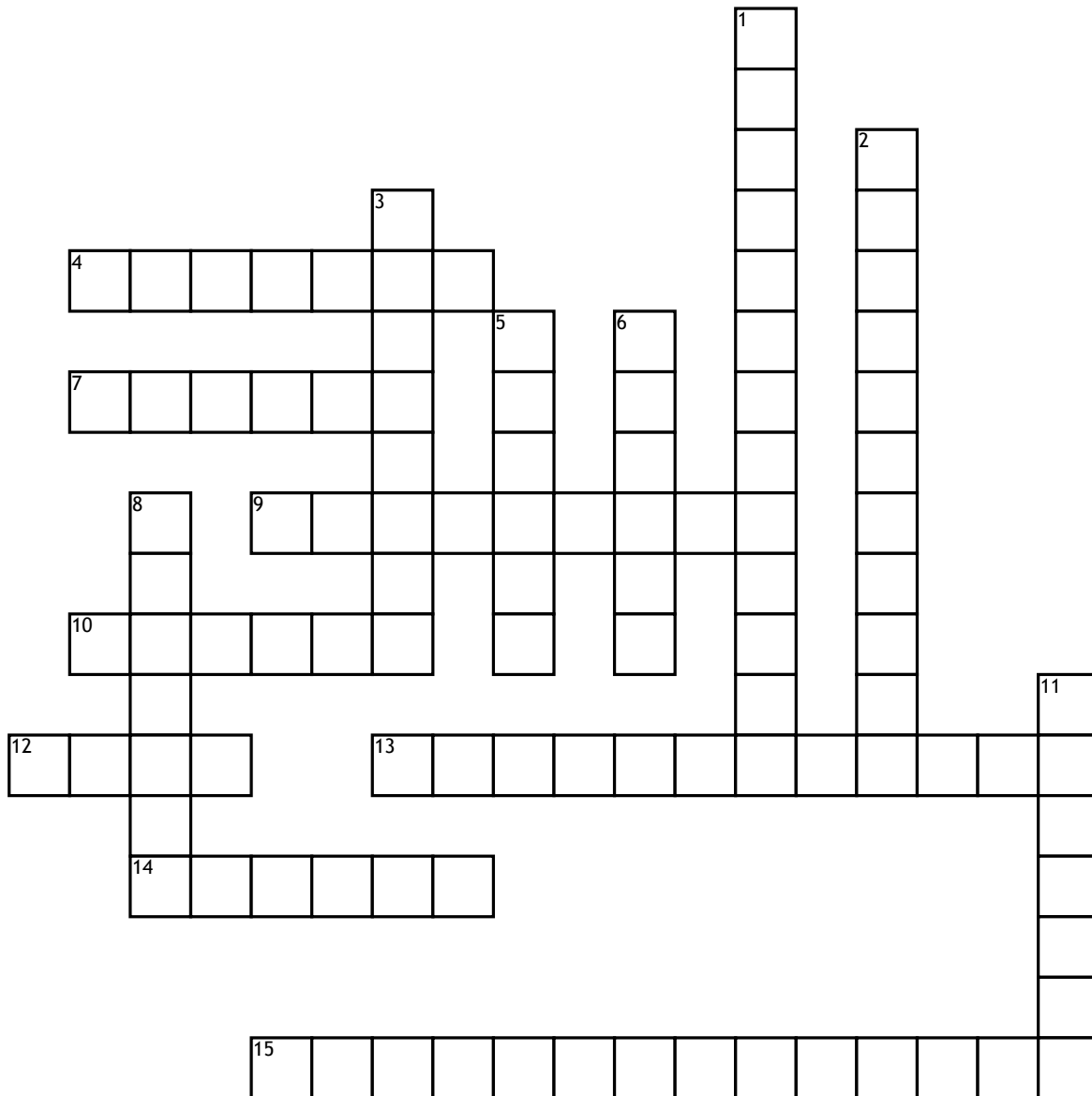


Name: _____

Date: _____

Strong Muscles



Across

4. WHEN THE TRICEPS CONTRACTS, THE BICEPS _____.

7. TO STRAIGHTEN

9. WHEN YOUR BICEPS _____ YOUR ARM BENDS.

10. THE _____ CAN ONLY BEND THE ARM

12. TO BEND.

13. MAKES UP MANY OF YOUR INTERNAL ORGANS.

14. POSSIBLE TEARING OF A MUSCLE.

15. MUSCLE FOUND IN YOUR HEART.

Down

1. THE MUSCLES THAT MOVE YOUR BODY MAKE UP YOUR _____.

2. WHEN YOUR TRICEPS CONTRACTS, YOUR ARM _____.

3. INFLAMMATION OF A TENDON CAUSED BY AGING.

5. WHEN SKELETAL MUSCLES CONTRACT, THEY RELEASE _____.

6. TISSUE THAT IS MADE OF CELLS OR FIBERS.

8. THE _____ IS ON THE BACK OF YOUR ARM.

11. SKELETAL MUSCLE IS ATTACHED TO THE BONES BY TISSUE.