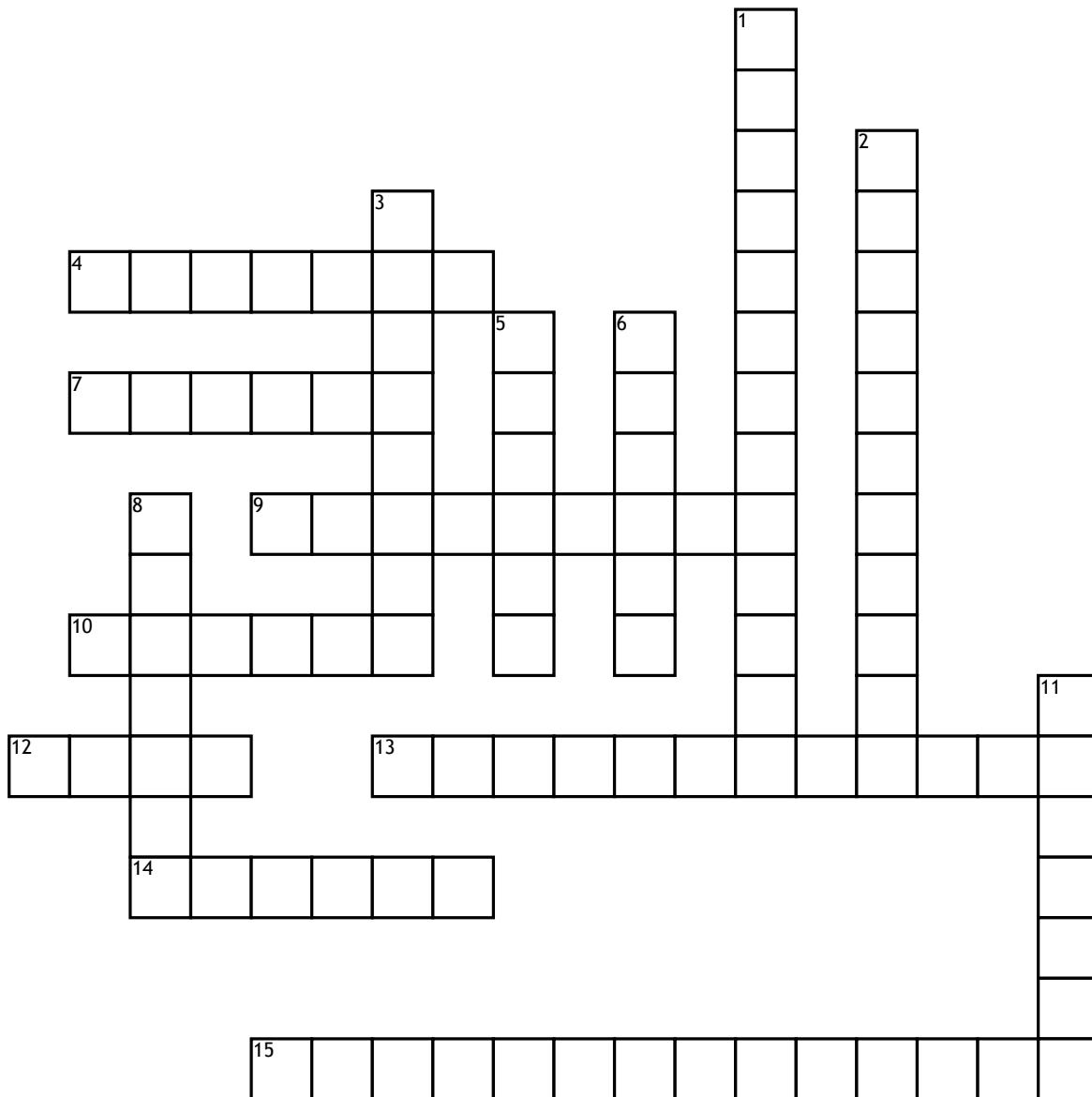


Name: \_\_\_\_\_

Date: \_\_\_\_\_

# Strong Muscles



## Across

- 4. WHEN THE TRICEPS CONTRACTS, THE BICEPS \_\_\_\_\_. (7 letters)
- 7. TO STRAIGHTEN \_\_\_\_\_. (5 letters)
- 9. WHEN YOUR BICEPS \_\_\_\_\_. YOUR ARM BENDS. (7 letters)
- 10. THE \_\_\_\_\_. CAN ONLY BEND THE ARM. (5 letters)
- 12. TO BEND. (4 letters)
- 13. MAKES UP MANY OF YOUR INTERNAL ORGANS. (8 letters)

14. POSSIBLE TEARING OF A MUSCLE. (8 letters)

15. MUSCLE FOUND IN YOUR HEART. (8 letters)

## Down

- 1. THE MUSCLES THAT MOVE YOUR BODY MAKE UP YOUR \_\_\_\_\_. (8 letters)
- 2. WHEN YOUR TRICEPS CONTRACTS, YOUR ARM \_\_\_\_\_. (7 letters)

3. INFLAMMATION OF A TENDON CAUSED BY AGING. (11 letters)

5. WHEN SKELETAL MUSCLES CONTRACT, THEY RELEASE \_\_\_\_\_. (10 letters)

6. TISSUE THAT IS MADE OF CELLS OR FIBERS. (11 letters)

8. THE \_\_\_\_\_. IS ON THE BACK OF YOUR ARM. (7 letters)

11. SKELETAL MUSCLE IS ATTACHED TO THE BONES BY TISSUE. (13 letters)