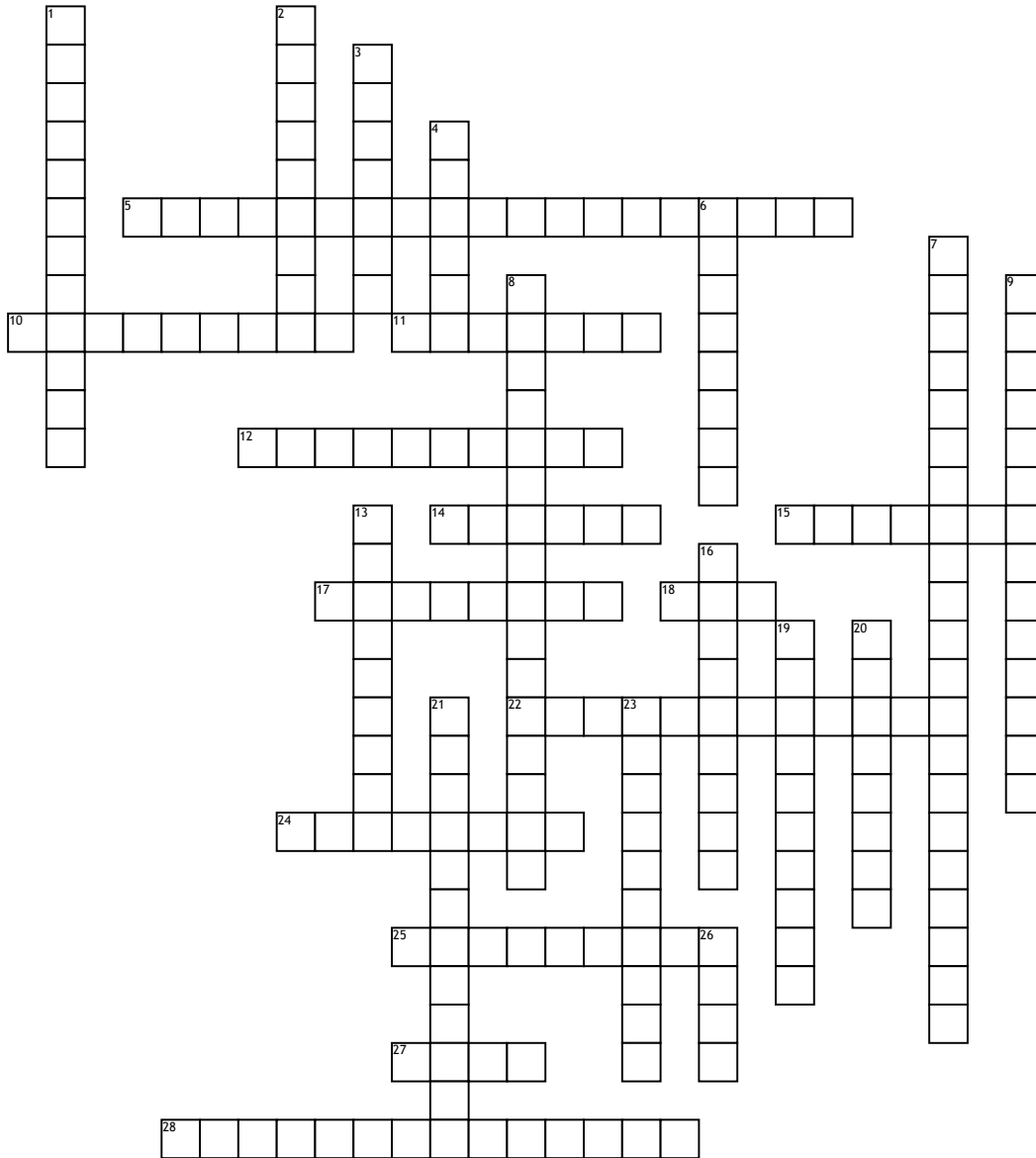


Name: _____

Date: _____

Strong is the new skinny



Across

- 5. To take to the stage
- 10. To sculpt
- 11. Detrimental
- 12. Dedication
- 14. Fulfilment
- 15. To strive
- 17. One-off
- 18. Fake
- 22. Physique

24. To attain

25. Competitive

27. Flawless

28. Resistance training

Down

1. Muscle

2. To mirror

3. Aspiration

4. Mantra

6. To acknowledge

7. A force for good

8. To factor in

9. Tan

13. Vulnerable

16. Craving

19. To perceive

20. On the rise

21. Undeniable

23. Kettlebell

26. Strain