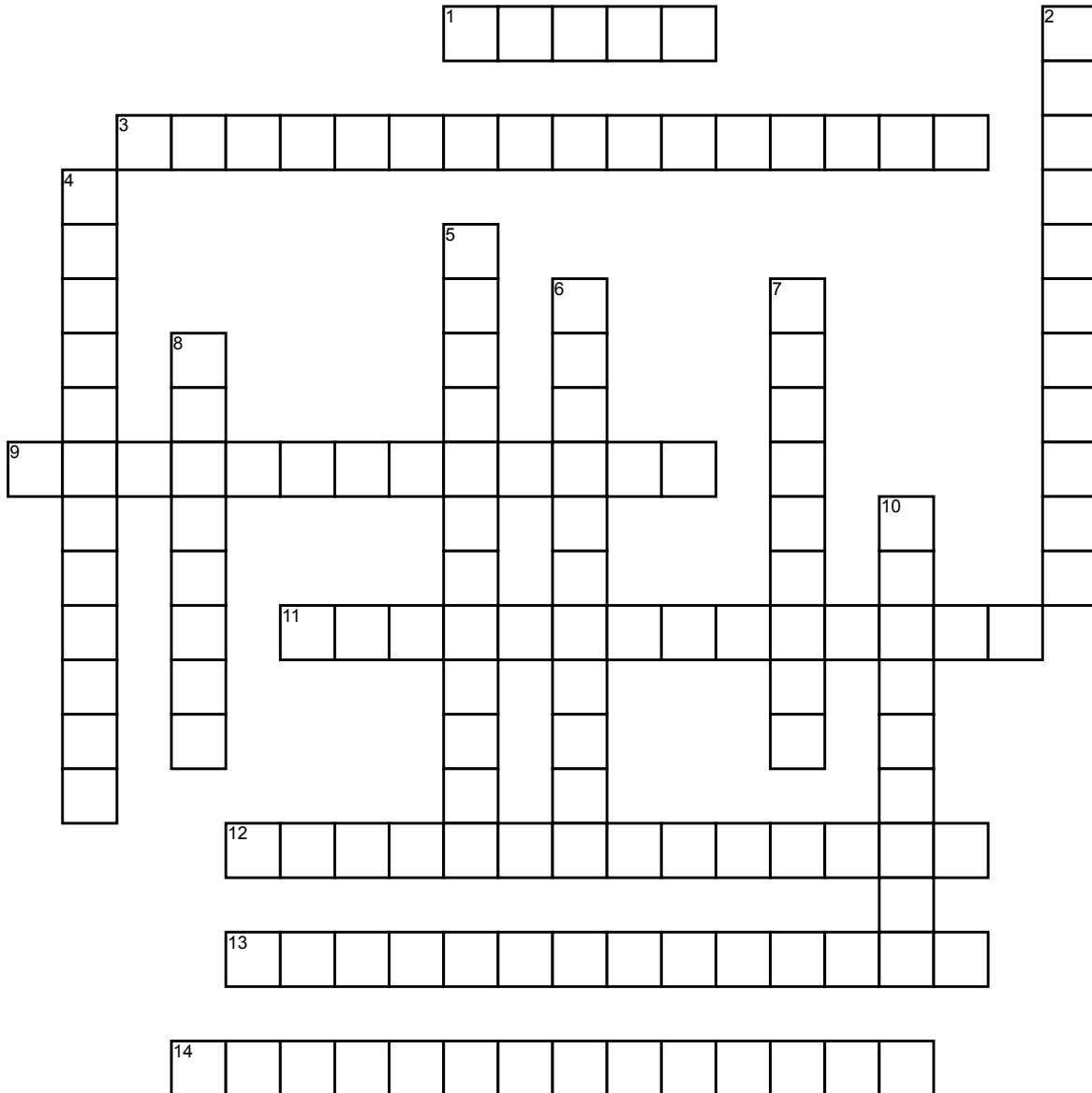


Student Led workshop: Nutrition



Across

- 1.** if you know me well you know me by my nickname
3. It's been said we are twins, but if you look closely you will see we aren't
9. Sadly, unlike my friend I am not always natural
11. Like a pharmacy degree, I am believed to have four stages
12. Some might call me a hoarder

13. Heard it on the grapevine that I am safe to be around, even during a pandemic

14. Sometimes I look like an everyday food

Down

- 2.** Although you fear me I am not to be feared
4. You might go to me to look for answers
5. Although I want to help, do not place all of your trust in me alone

6. The verdict is still out on how effective I really am

7. I am small but powerful can be bitter or sweet, and according to reports can help keep your ticker going

8. Sadly, Covid isn't the reasons for my poor interactions

10. my first letter and last letter are the same, and you might know me better than you think