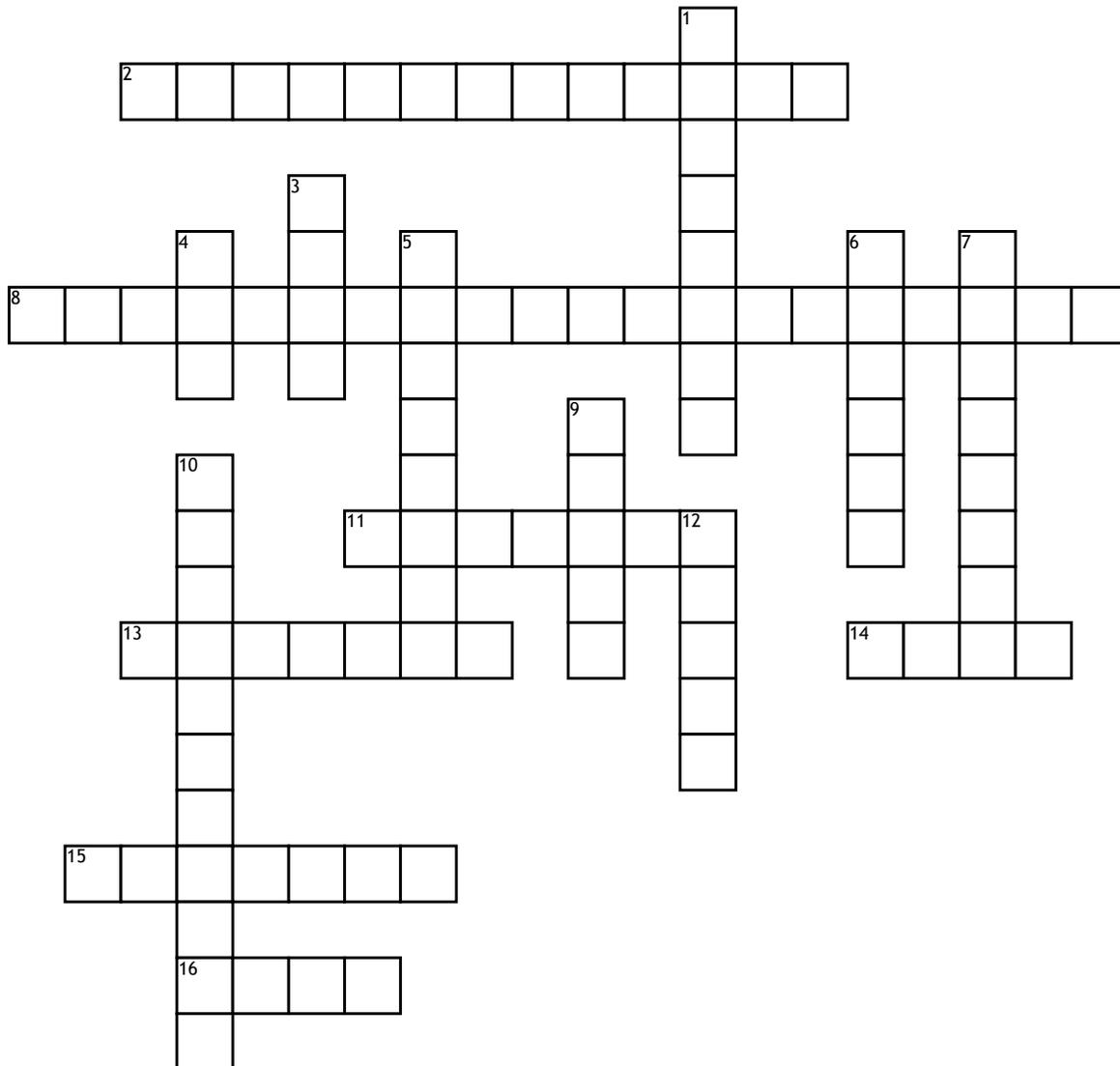


Sugars



Across

2. Sugar that comes from fruits and vegetables are called
 8. Stevia, Sweet and Low, Splenda are all forms of what
 11. Belly fat, gas, abdominal pain all effect this body part
 13. Referred to as blood sugar. Gives energy to your body.
 14. A man should have _____tsp a day of sugar
 15. Kidney stones occur in this body part

16. Swelling, blindness, blurred vision all effect this body part

Down

1. Grows and ages faster than the rest of the body due to sugar intake
 3. Sugar causes acne, wrinkles and dark circles on this body part
 4. A women should have _____tsp a day of sugar
 5. Eating to much sugar and being over weight can cause this disease

6. Hormone that is released to the brain letting you know you are full.

7. What measuring tool do you use to convert sugar from grams to this
 9. Anxiety, depression are some signs of this body part being effected by sugar
 10. Sugar effects this body part by causing gallstones
 12. Raised blood pressure due to sugar intake will cause damage to this organ