

Name: \_\_\_\_\_

Date: \_\_\_\_\_

# TEST TAKING

J E G A D S Y W Y M U F E T F G U R W F Q U T Y  
V F V G J E C N E D I F N O C E V A H N N I V N  
S K Q A J D K F M N F H I T D V U K O S M Q F I  
B E P O S I T I V E Q C S P R S B L D R C T E G  
L H Y T U Q Z U Y T G V K D F E Y V Z S F K Y Z  
M T V P Q X P R E P A R E P H Y S I C A L L Y H  
G A L D W Z O Q I G S N O I T S E U Q K S A U W  
K E Z X K K W E W B U Q U U E U X K I U J N D T  
Q R H W U N W K R O W E M O H R U O Y O D G A V  
O B N O I T A N I T S A R C O R P O N Y O K S D  
N N S P H L Y A P Z Z C Q D Y X D Q Z B E T I Z  
N P R A C T I C E R E L A X I N G G U N R Z S D  
C A O G D D C N O A M S Z N N N J D O E D A J Q  
I T N O I R C U P Q T C O Q K Z S T T W P Z A Z  
B T A K F H R C Y U S N T G G S E C U N S R D S  
K E L A B J V C D W G S Q Q E S H U K C B I D D  
R N P O U Z O Y S L E U R P B B G J H M W V W S  
U D M T U B G N U T J I S T X I N C O V Q R O Y  
U C A W U R T R P Z Z Q V W K A I P S Q H I E M  
C L X W O V W V P K L A Z E I C R P V H Q K G Y  
C A E U B F W G Q P M U C K R C O R T S I W S W  
C S P L P L P R E P A R E E M O T I O N A L L Y  
G S M T V I E N M B L A S W J X U A B S K L T A  
U T C R V N C H Q F G W F M S H T B D U V Q U P

PREPARE EMOTIONALLY  
PRACTICE RELAXING  
ASK QUESTIONS  
STUDY GROUP  
TUTORING  
REVIEW

NO PROCRASTINATION  
DO YOUR HOMEWORK  
ATTEND CLASS  
TAKE NOTES  
STRETCH

PREPARE PHYSICALLY  
HAVE CONFIDENCE  
BE POSITIVE  
EXAM PLAN  
BREATHE