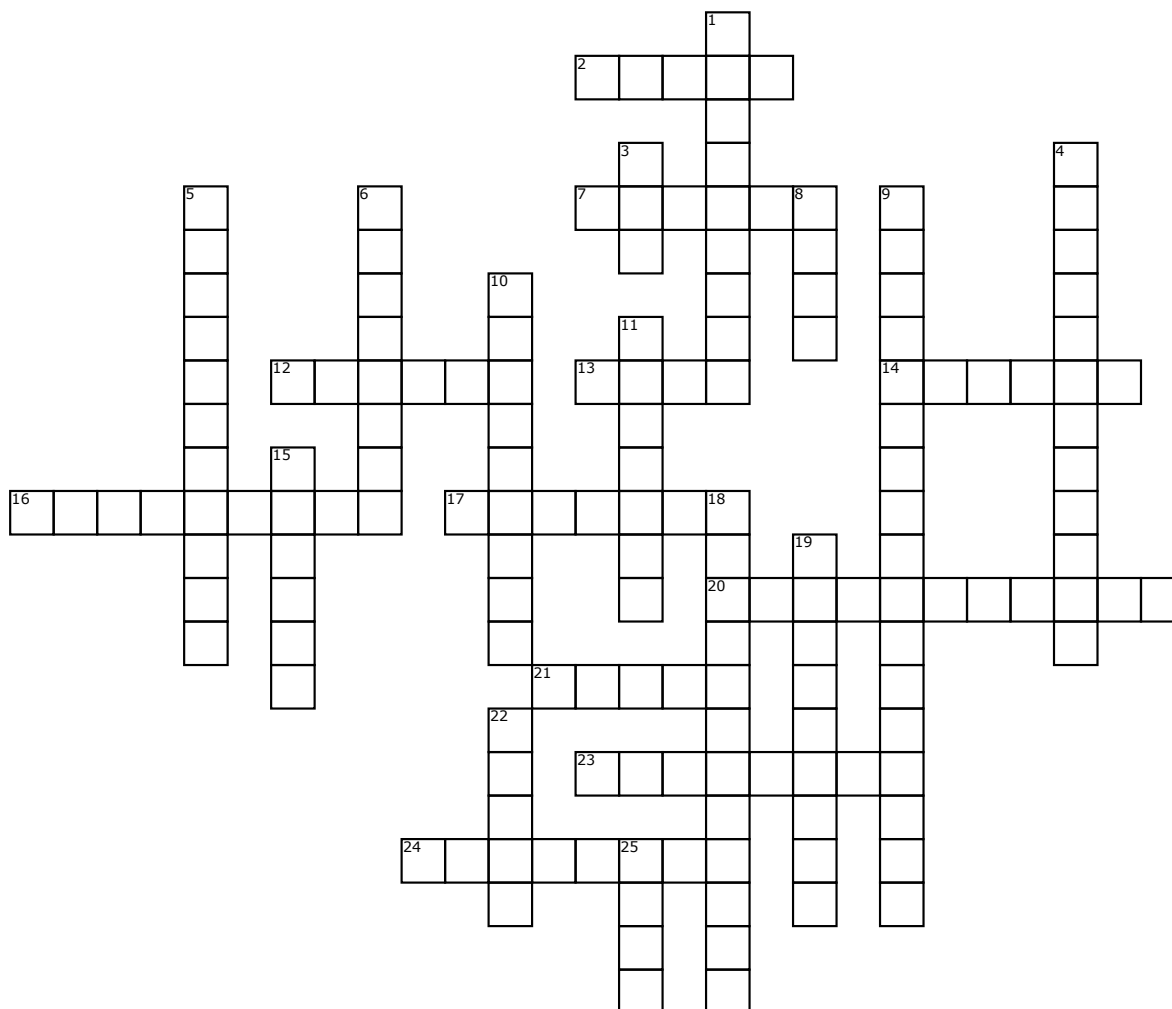


Name: _____ Date: _____

Tamuning Dialysis Holiday Activity #1



Across

- 2.** Too much fluid can cause a strain on which major organ?
7. Fistula, Catheter, and Grafts
12. A condition of reduced blood cells.
13. Kidneys are only about the size of your _____.
14. Phosphate binders should be taken _____ meals.
16. A symptom of high blood pressure.
17. Lean meats, eggs, and fish are all good sources of _____ to keep albumin levels up.
20. High _____ levels can cause itchy skin, weak bones, and damage your heart.
21. Someone who provides an organ or tissue for transplant.

- 23.** Treatment for people who have kidney failure.

- 24.** What is the name of the facility?

Down

- 1.** Goal weight when you leave dialysis. (2 words)
3. Chewing _____ can help with thirst.
4. What you need to get your medication from the pharmacy. (Only providers can give this.)
5. The number one way to reduce infections. (2 words)
6. Most common disease contributing to the need for dialysis.
8. Too much of this in your diet can increase thirst.
9. The second leading cause of kidney failure in the United States after diabetes.

- 10.** Fruit that is toxic to dialysis patients.

- 11.** Medication that controls the phosphate level in your blood are called phosphate _____. (Hint: Renvela or Calcium Acetate/Phoslo)

- 15.** One of the main functions of the kidneys is to _____ waste from blood.

- 18.** A doctor who specializes in kidney failure.

- 19.** Milk products, bananas, cantaloupe, oranges, potatoes, beans and tomatoes are all high in this.

- 22.** Excess fluid in the body can cause _____ (swelling).

- 25.** High phosphorous levels can make your skin _____.