

Ten Tips for dealing with anger and staying calm

1. MCLAING _____
2. RLEAX _____
3. UTPOPSR _____
4. ONCLTOR _____
5. PREOBLM _____
6. TLNCOCFI _____
7. RAGNE _____
8. NORASE _____
9. RSUTT _____
10. ESVLROE _____
11. RSFIEND _____
12. SINNTEO _____