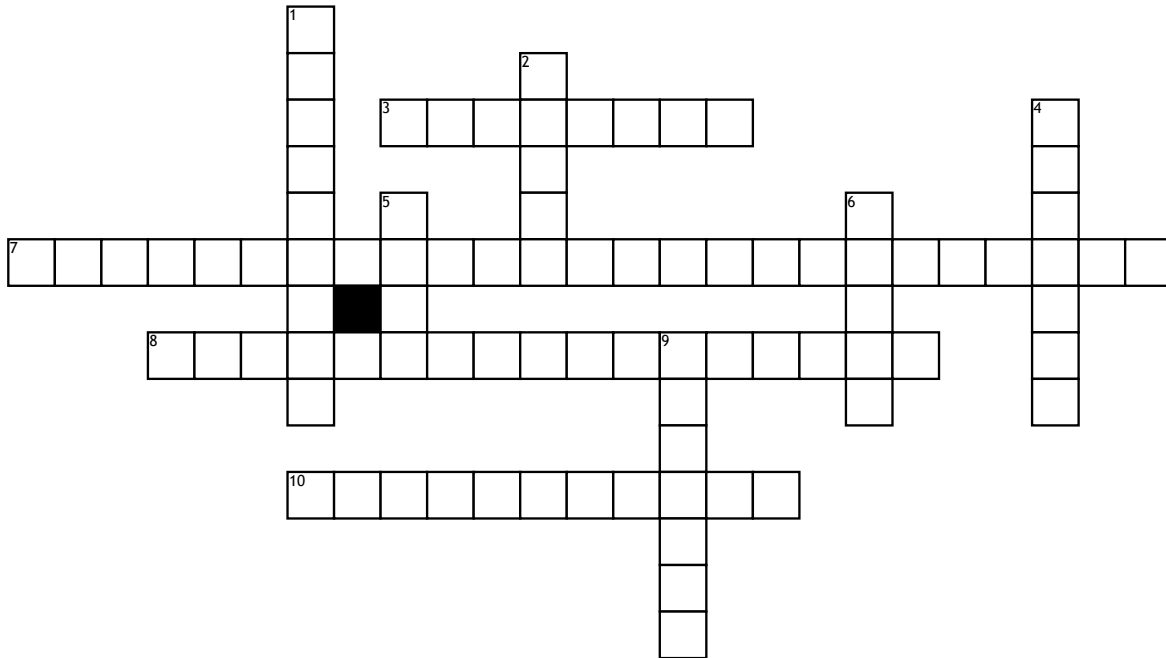


The Behavioural Treatment for Phobias



Across

- 3.** Behavioural treatment where patients are exposed to the top of the hierarchy straight away.
- 7.** The main behaviourist treatment. Involves classical conditioning to replace fear with calm.
- 8.** Major downside to Flooding, could make things worse.
- 10.** SD: The idea is that two _____ emotions cannot co-exist.

Down

- 1.** What people will do unless making a conscious effort to face their fears.
- 2.** The person who developed the SD treatment in 1958.
- 4.** Flooding is less _____ than SD.
- 5.** Presentation of the feared situation/object itself.
- 6.** Imagining of the feared situation/object.
- 9.** In the behavioural treatment Flooding, _____ peaks at such a high level that it cannot be maintained and will eventually subside.