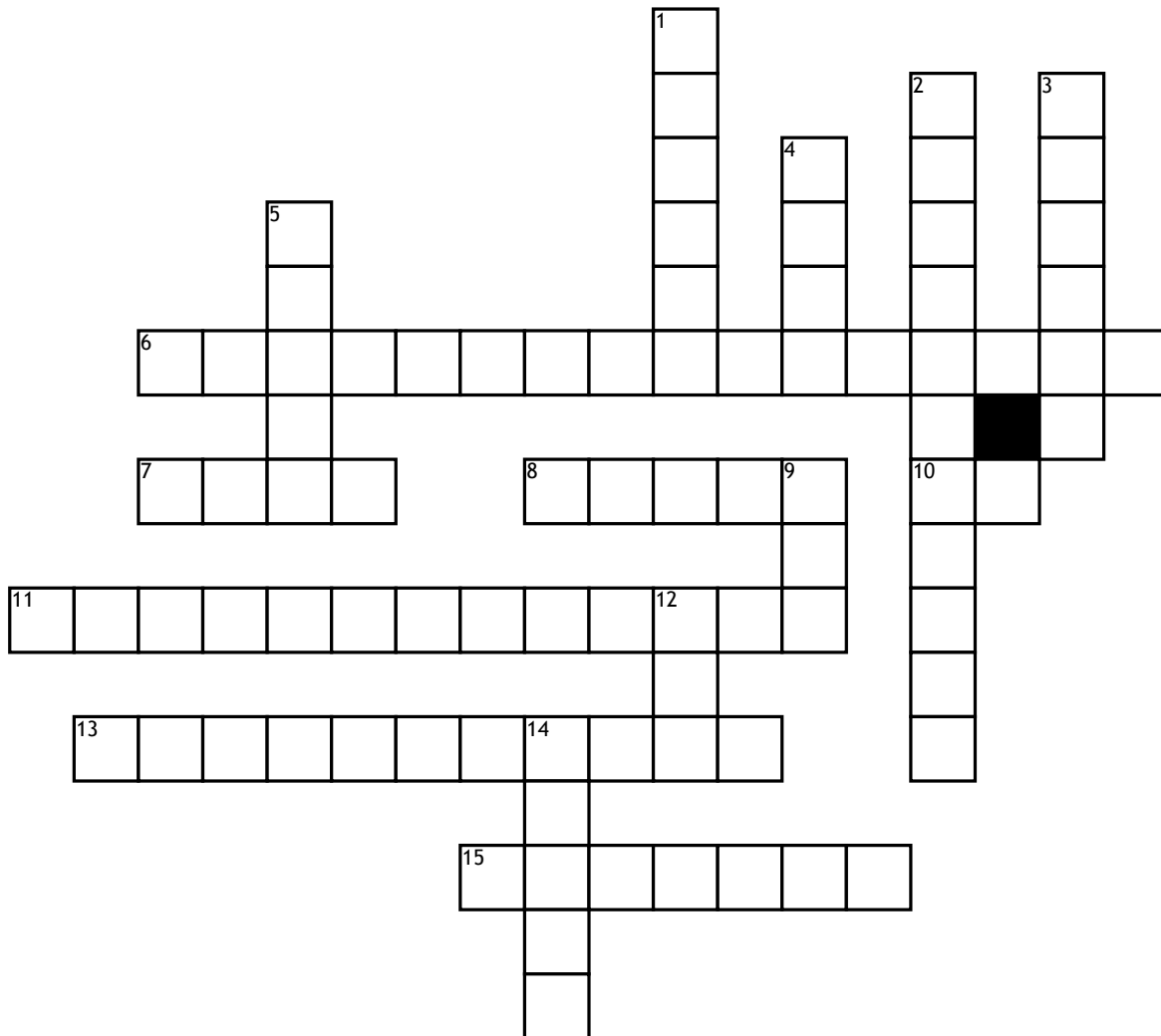


The Eatwell Plate



Across

6. What section do sweets belong to?
7. What is the colour of the section that eggs belong to?
8. What section does milk belong to?
10. Should you just eat green veg?
11. What section does bread belong to?

13. What type of food is a burger?

15. What is the name of the pink section?

Down

1. What is the colour of the section that is the worst for you?
2. What section do apples belong to?
3. What colour is the carb section?

4. What colour is the dairy section?

5. Other than yellow what is the colour of the section that is one third?
9. Should you eat a rainbow of fruit and veg?
12. How many fruits should you eat a day?
14. How many vegetables should we eat a day?