

Name: _____

Date: _____

The Process-Experiential Theory of Psychotherapy

J C E X M J J R E L A T I O N S H I P G S K R A
E O Y S X S J I F T B D F F O Q M E X Y Y S Y S
C A L U B F D U P H E N O M E N O L O G I C A L
N F K T B K H U T O F B J P E E W N P W J F T A
E G E S O N O I T A Z I L A U T C A F L E S N X
G J D F A H D P S Y N T H E S I S K O Y B I R O
I K E E W M L W U L T C M N D W K P I H S Y L O
L Y S C X W T E M G P W X F T C M W K J O V T B
L T U J O N W K F J R B U J B K X B E D W N W N
E Z C O Z A U G J Q O D T U M U M A C U E F N H
T L O A S U S K S L C K T Q A J S Z N V L S H F
N Y F K W W J R N J E L Y J L D Z F A D S K E F
I T N R A V B S K V S F A K A X S U L J G O A L
L I O H M S M B B C S N U Z D F E I A S U T T E
A X I O F Y P X N Q E X W A A O W I B S M K V G
N E T L M U G P G N K R I E P F V F T F C X Q P
O L O I I O G H D C S C U I T T K A G X X S L B
I P M S B V P U N K H U J C I G T O G V L R H I
T M E T P X O N S J R Z P B V F A N D I J V A C
O O S I Y D G Y P I A I I P E L P T I N F M W X
M C Y C B Q L Q N I Z T X I R F M H Z S B X D I
E K W L J Z A M N C O L G T B E L I E F S M W T
L C I H T A P M E L C W S D A I S O B R S U N S
J I N T E G R A T I O N C K Q H J S B V H P J B

Emotional Intelligence
Emotion Focused
Maladaptive
Empathic
Balance
Goal

Self-Actualization
Relationship
Complexity
Holistic
Beliefs
Vent

Phenomenological
Integration
Synthesis
Suppress
Process
Sin