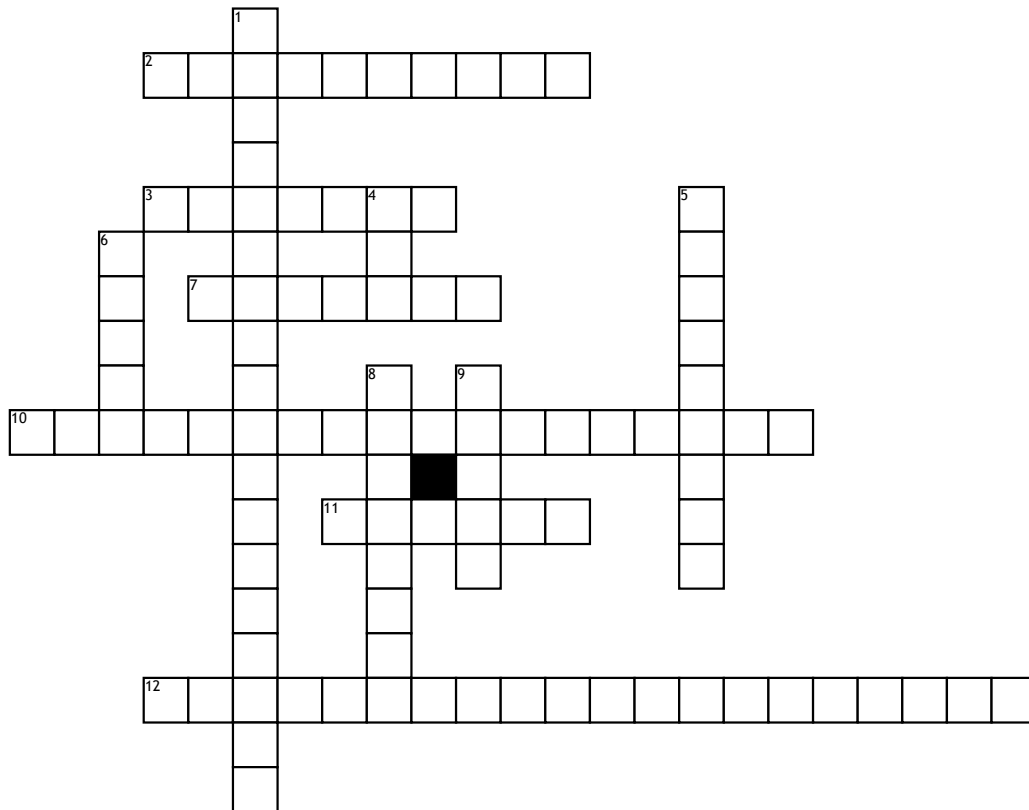


The knee



Across

2. What muscles are found on the anterior thigh ?
3. Popping is often heard with what injury?
7. What is the proper name for the kneecap?
10. What is varus force ?

11. What is the test for an MCL tear ?
12. What is valgus force?

Down

1. "Jumpers knee" is another name for ?
4. The most commonly torn knee ligament is?

5. What muscles are found on the posterior thigh?

6. What is the test for an LCL tear?
8. What type of bone is the patella ?
9. What type of joint is the knee?

Word Bank

Hamstring
Hinge
Sesamoid
ACL

Patella
Outside , lateral force
Inside, medial force
Varus

Quadriceps
Valgus
ACL tear
Patellar tendinitis