

Tobacco Cessation

J D V E D T E E C B K E O V L C Y
U H F S J E K I P I L A L T I H C
L W V E I E O R T U L S H B T E Q
D C V H E T R R N Q Z I E T I U Q
A G A C Q Z T G O U U I A N O B S
Y C S R I M S X J C A I S H W R L
Y W I H B U X F B R W I T L J M U
O X O N K O L B E X P H R L L R H
L E L N B M N I S J C C A W I A N
P J G K L Q H M S F U I B C A N F
S L O E X T G N O V P F C G Y Y E
U L I Z L W Y R G N F P D I M X S
A J Q A P C R E H V O N F H J S N
W E E I W W M X L L W X U I E B B
Y H D E W X P Q P S B T I R V M Q
Y C E T A D T I U Q X A P D A M J
A N S M O K E O U T P L W C E J J

carbon monoxide

quit date

healthier

quit line

smoke out

airways

stroke

lungs

cilia

quit