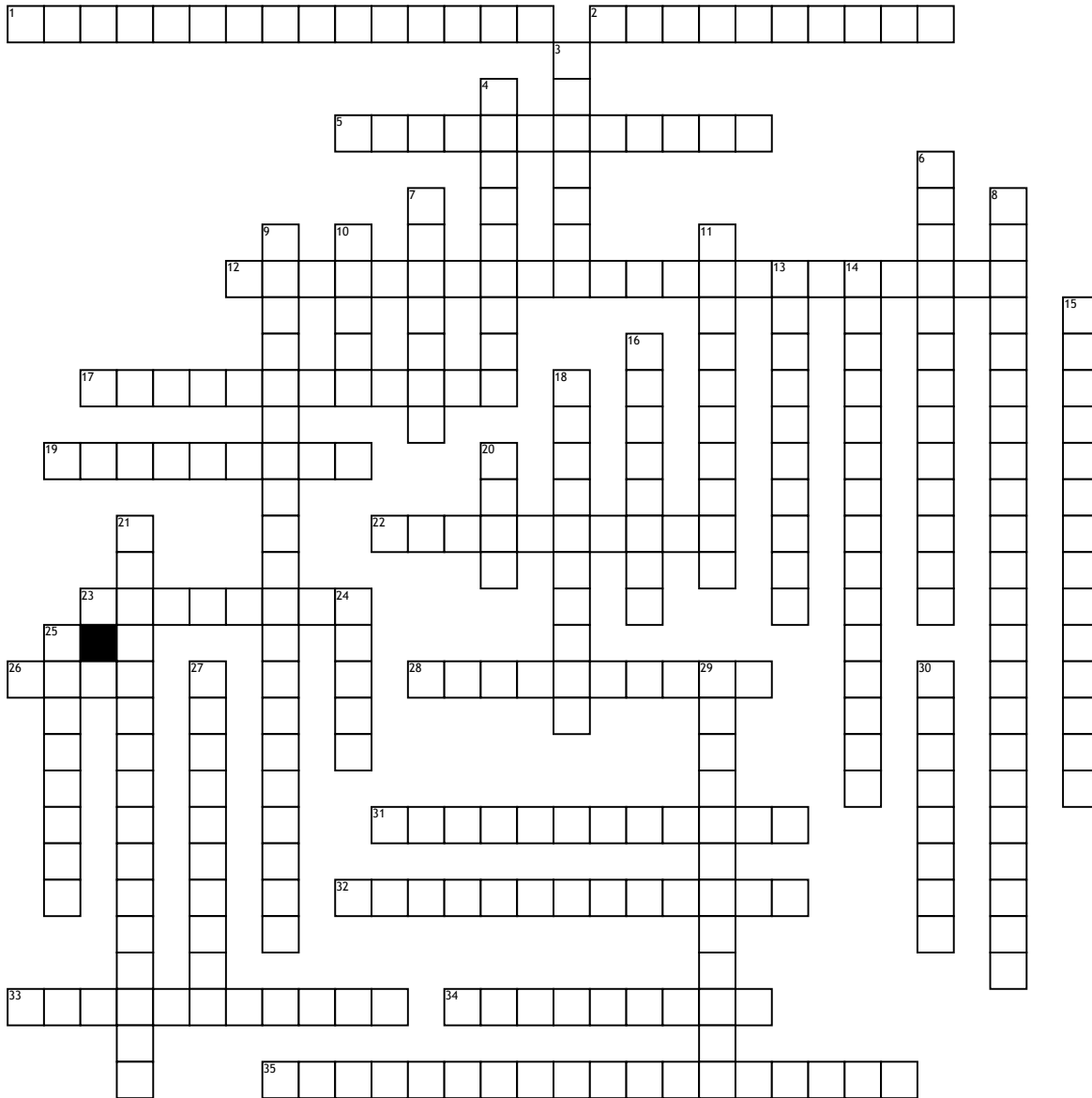


Name: _____

Date: _____

Unit 5



Across

1. The remembered story line of dream
2. The large, slow brain waves associated with deep sleep
5. A split in consciousness which allows some thoughts and behaviors to occur simultaneously with others
12. A pair of cell clusters in the hypothalamus that controls circadian rhythm
17. Causing speeded up body functions and associated energy and mood changes
19. The diminishing effect with regular use of the same dose of a drug
22. A sleep disorder characterized by temporary cessations of breathing during sleep and repeated momentary awakenings
23. A social interaction in which one person responds to another person's suggestions that certain perceptions
26. Addictive drug that stimulates the central nervous system
28. The tendency for REM sleep to increase following REM sleep deprivation

31. Drugs that depress central nervous system activity

32. Drugs such as LSD that distort perceptions
33. Drugs that reduce neural activity and slow body functions
34. Compulsive craving of drugs or certain behaviors despite known adverse consequences
35. Alcohol use marked by tolerance, withdrawal, and drive to continue problematic use

Down

3. Temporarily lessening pain and anxiety
4. Our awareness of ourselves and our environment
6. The underlying meaning of a dream
7. A powerful and addictive stimulant
8. A suggestion made during a hypnosis session, to be carried out after the subject is no longer hypnotized
9. Continued substance craving and use despite significant life disturbance and or physical risk
10. Sequence of images, emotions, and thoughts passing through a sleeping person's mind

11. The discomfort and distress that follow discontinuing an addictive drug or behavior
13. Sleep disorder characterized by uncomfortable sleep attacks
14. The biological clock
15. False sensory experiences
16. Recurring problems in falling or staying asleep
18. The relatively slow brain waves or a relaxed, awake state
20. Non-rapid eye movement sleep
21. A chemical substance that alters perceptions and moods
24. Periodic, natural loss of consciousness - as distinct from unconsciousness resulting from a coma
25. Rapid eye movement sleep, recurring sleep stage during which vivid dreams commonly occur
27. Exited neural activity and speed up body functions
29. Sleep disorder by high arousal and appearance of being terrified
30. A stimulating and highly addictive psychoactive drug in tobacco