

Name: \_\_\_\_\_

Date: \_\_\_\_\_

# VEGAN~LICIOUS

A G C F C L S E L B A T E G E V J  
G C K L A E V S U N H V J F O N R  
R H G A K N A F U Y M S V B Z I E  
A I J X K T R R S M F J X E B A E  
P C K S G I U U U G M P M L Y R R  
E K A E B L X I M O R U M L K G F  
S P L E D S I T A O G P H P G E T  
E E T D R U H S B E U L N I U L A  
E A Y Z M U F I L Q H A A A W O E  
D S U N J W O D D Q J N G A U H M  
O P Z L Y T X L A Z Z T E Q M W G  
I I I P I I Q X F M V B V O H S S  
L H Z C O U J R L T F A U N P L Y  
H Q S E I B M W R B L S G F D R O  
C S Z N X C G Y Y K U E B E I Z A  
Q N O L T W L T F C H D P J F Q X  
A A C Q A I I O V A C O X S X E H

GRAPSEED OIL  
WHOLE GRAIN  
CHICKPEAS  
LENTILS  
QUINOA

SPELT FLOUR  
PROBIOTICS  
MEAT FREE  
LEGUME  
FRUITS

PLANT BASED  
VEGETABLES  
FLAX SEED  
HUMMUS  
VEGAN