## WONDERWORD

$S \quad O \quad B \quad F \quad F \quad U \quad C \quad R \quad O \quad$ T $A$ TO R $Q \quad L \quad A$ U Q B U Z $\quad$ Z $\quad$ F $L$ $M \quad Q \quad I \quad O \quad Q \quad X \quad T \quad K \quad A \quad O \quad O \quad Y \quad Z \quad R \quad D \quad X \quad W$ I U CO B H K O D N B KA O $\quad$ Z I X A E S T I B L Z E L R M M V I I A DP A F N CW E Q LI GL G H L $M \quad R \quad S \quad D \quad A \quad F \quad F \quad E \quad S \quad V \quad N \quad T \quad K \quad N O C D$ S I B T F V S F PA M X O Y W A Z
 E EA F L K H O LA F X A K D B I T P C Q P J B TR E C EM J Q S S
 LT I P I V L Z B S V S D O U E N
 HO U L Q K O I OR FM TA LI S J E Y G K E P J G LV S K P L R P P G T R A P E Z I U S E N P TC abdominal oblique gluteus maximus triceps brachia biceps brachia biceps femoris rotator cuff quadriceps hamstring trapezius deltoid
soleus
calf

