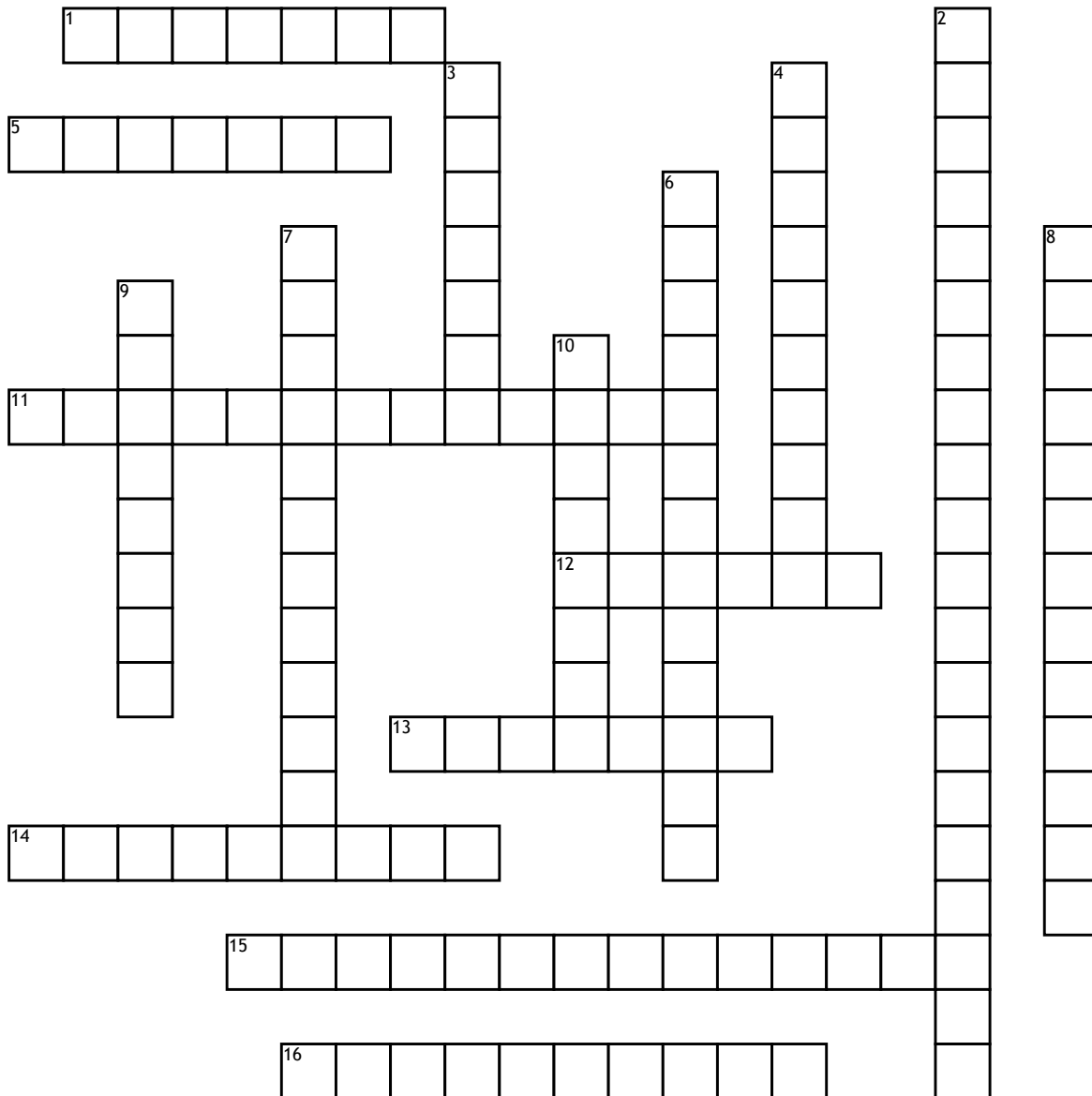Name: _____ Date: _____

Watson's Human Caring Theory

Across

1. Watson's Theory involves promoting this type of environment

5. The word Caritas comes from the Greek language meaning to_____

11. Her 4th Carita mentions developing and sustaining loving, trust-caring _____

12. This is the fundamental term of Watson's theory

13. This term "is the protection, promotion, and optimization of health and abilities, prevention of illness and injury, facilitation of healing, alleviation of suffering through the diagnosis and treatment of human response, and advocacy in the care of individuals, families, groups, communities, and populations."

14. This type of practice is supported in Watson's Theory

15. Watson's Caritas promote this type of wholeness

16. "a valued person in and of him or herself to be cared for, respected, nurtured, understood and assisted; in general a philosophical view of a person as a fully functional integrated self. Human is viewed as greater than and different from the sum of his or her parts."

Down

2. The formation of a _____system of values is the basis of the first carita of Watson's Theory

3. Watson developed 10 of these factors, also called this

4. Allowing for _____ of both positive and negative feelings is discussed in Watson's Theory

6. This involves an action and choice by both the nurse and the other.

7. This involves an action and choice by both the nurse and the other.

8. In a helping-trust relationship, the strongest tool a nurse has is his/her mode of _____, to establish rapport with the patient, it can be both verbal and non-verbal.

9. Watson's Theory encourages an atmosphere that teaches lessons based on this type of care

10. Watson's last Carita discusses opening to the unknowns, allowing these to occur