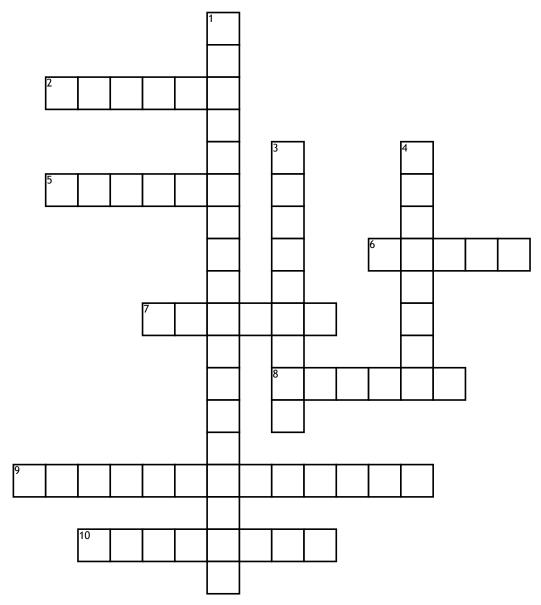
Week #3 Crossword - Fatigue



Across

- **2.** Fatigue can also affect our short term _____
- **5.** Traveling between time zones can cause you to experience ____
- **6.** Drowsy driving is similar to driving while _____
- 7. Untreated sleeping disorders can have a other significant _____ affects.
- **8.** Work performance can _____ when employees become chronically fatigued

- 9. Fatigue can result in decreased
- 10. What is it called when you can't sleep at night?

Down

- 1. We "lose" and "gain" an hour each year during _____
- 3. Your Doctor may order a _____ to see if you have a sleep disorder
- **4.** Even moderate _____ can help you sleep better