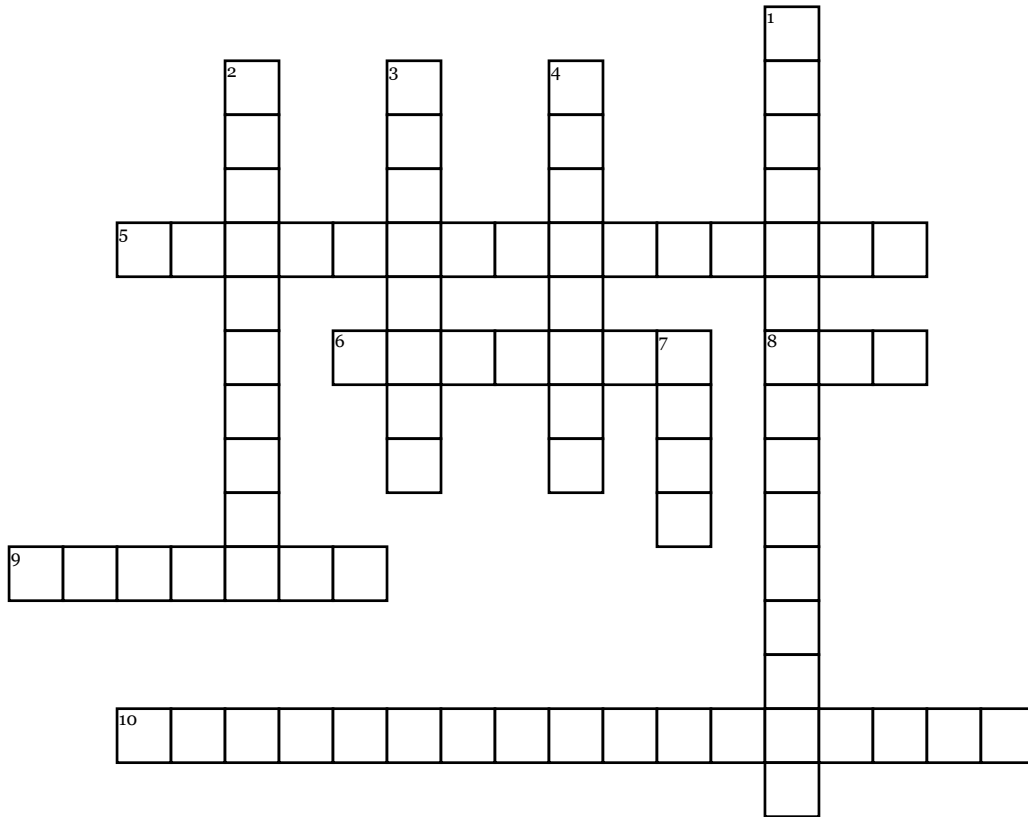


Name: _____

What is Physical Therapy



Across

5. An abnormal feature, characteristic, or occurrence when walking.
6. This can cause hip fractures, broken bones, head injuries and become fearful or depressed.
8. An abbreviated term used in healthcare to refer to people's daily self-care activities.
9. An even distribution of weight enabling someone or something to remain upright and steady.
10. Devices that are used to assist with completing activities of daily living.

Down

1. The treatment of disease, injury, or deformity by physical methods such as massage, heat treatment, and exercise rather than by drugs or surgery.
2. This can cause dizziness, dehydration, fatigue, and confusion that can lead to a fall.
3. Device used to immobilize a joint or body segment, restrict movement in a given direction, assist movement, reduce weight bearing forces, or correct the shape of the body.
4. Activity requiring physical effort, carried out to sustain or improve health and fitness.
7. A person's manner of walking.

Word Bank

Gait Abnormality
Medication
Physical Therapy
Falling

Adaptive Equipment
Leg brace
Gait

ADL
Balance
Exercise