

Name: _____

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Why Eat Minerals? Word Search

P A D S Y L S K J S N K N B R U S I Z M P R H S
K O I N I F Q C R Z E T P O Y N K N H P Q E I J
H T D P I J D U V N Y L N K I E I M I E M W U P
M U S C L E S Y H R H C B E E K E F T Q K B X O
U K M S C A L C I U M I T A M A N G A N E S E T
I S X Q H K U R Z A X O Q O T T N L V D I S J A
E E W O P T A G R G R C X J M E T A F D R Z D S
T T V H F B D M S P X V A I T A G G W W V H J S
Y Y W C Y R U J S Q L L V N N B K E C A Y G S I
R L Z D M K S I R L S L A T E M Z A V C T W L U
S O J H U K H W T P L S K M Q U R R G O Q E A M
I R I R O N Z I B A T E C Q N B G F V B H W R G
F T T I O A I I W V F U C T O X K B D A D L E W
F C S Q T F R F N L M N Y H N E B O R L V N N U
R E U T R M E T B C N A Y L X M W V D T C I I U
H L A R N G O R F T D D G W P F U R K V C B M E
M E E E N E G Y X O R E Q N Z H E I P E Z O C V
C I X P S U I O B A V A C Q E Y S H D B M L H I
Z O G P F E D R T D J U L G C S P A K O D G L X
D D E O N P N E T E P C W Q V W I K Q I S O O D
N I Y C M C S E Z U U B P X F Y W U G C P M R L
Q N Q W P Y W A R K N T F C S H I E M T S E I R
N E L F O F Z Y P G O V T E K Q S W M V P H N Q
G E N A X P A S U B Y I J T H T W E J X Q C E A

carbohydrates

electrolytes

vegetables

hemoglobin

magnesium

potassium

manganese

nutrients

proteins

chlorine

minerals

muscles

calcium

energy

digest

cobalt

metals

iodine

sodium

copper

oxygen

water

cell

iron

zinc

fat