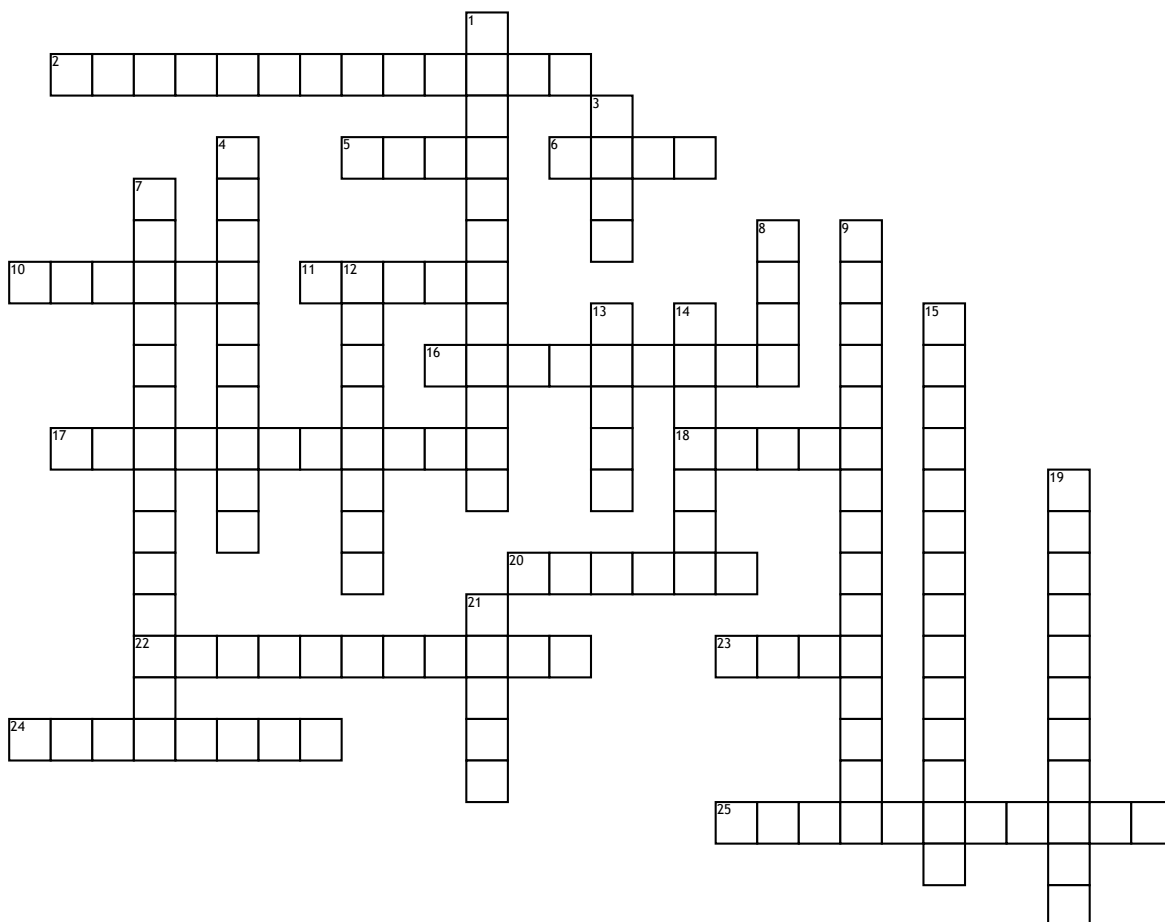


Name: _____

Date: _____

World Breastfeeding Week 2021



Across

2. The safest and most cost-effective way to feed your baby.

5. Mothers do not need to ____ babies after each feeding.

6. Breast milk will change in the way it tastes and smells depending on what the mother ____.

10. ____ is the darker part of the breast around the nipple.

11. Breastfeed in the first ____ after birth.

16. Never heat up stored breast milk in a _____. It'll destroy the live cells and could become too hot and burn the baby's mouth.

17. The ____ profile of milk changes as the baby grows and develops

18. Infant's stool should be yellow and ____ by day five.

20. Breastfeeding helps moms heal ____ during postpartum

22. Painful swelling of the breast.

23. The more milk a baby takes, the ____ milk a mother will make.

24. ____ hold.

25. One feeding signal.

Down

1. Can help a late preterm baby maintain a deep latch.

3. Placing a ____ washcloth on both breasts can help alleviate any soreness before feeding.

4. If the nipple is tender after breastfeeding, put a few drops of ____ on the nipple after each feeding

7. The key to BF success.

8. All women produce enough milk no matter their breast ____

9. Breasts operate on a ____ system.

12. The brain releases the hormones prolactin and ____ during breastfeeding to help mom and baby bond and reduce stress

13. Mothers who breastfeed have strong ____.

14. Type of immunity provided by breastfeeding.

15. Technique used for milk removal.

19. Healthy babies have ____ feeding behaviors.

21. Press, compress, ____.