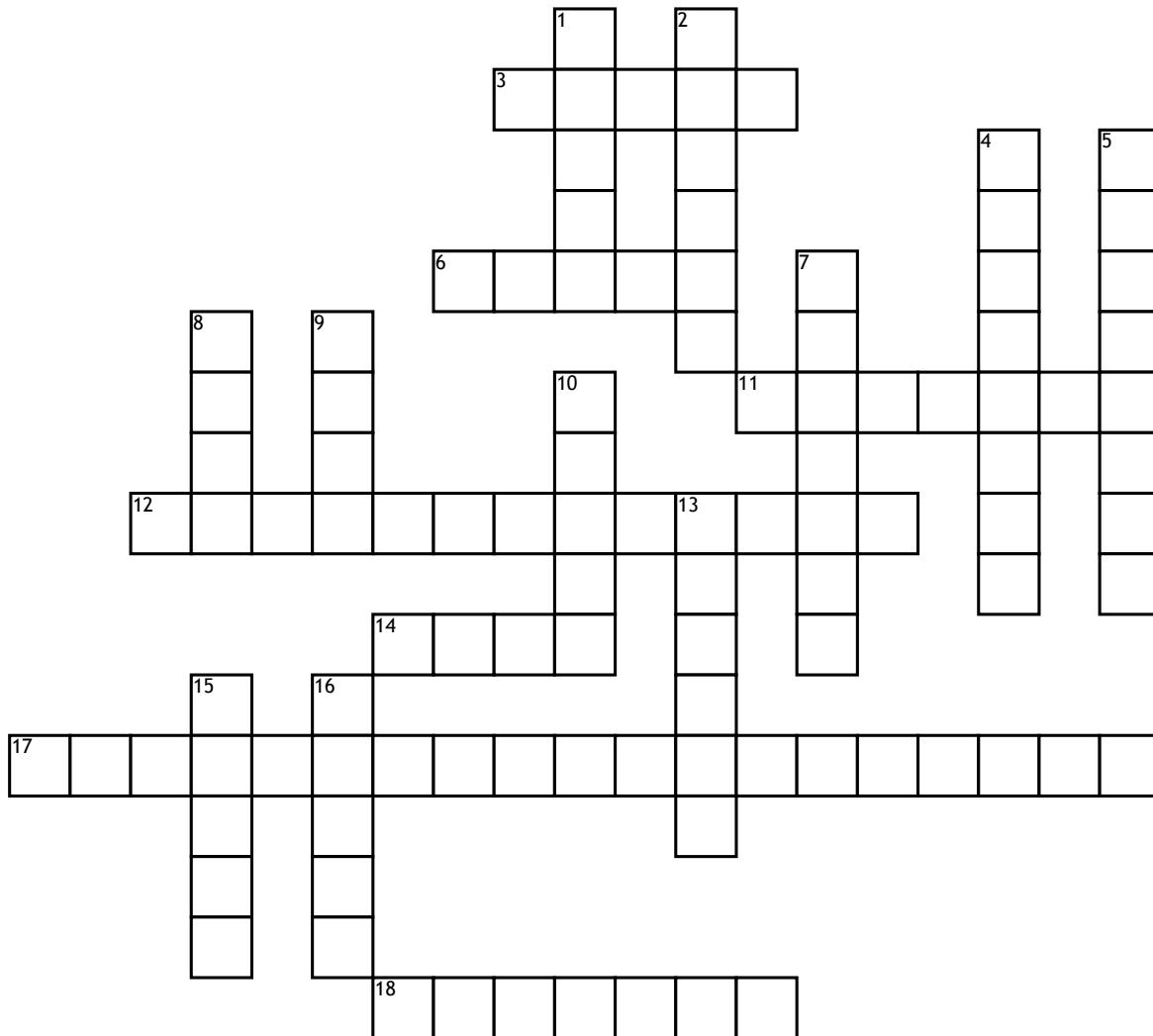


Name: _____

Date: _____

Year 10 HPE - Muscular Skeletal Crossword



Across

3. The sternum protects the _____

6. How many phalanges are in each finger?

11. Another name for the kneecap

12. What muscle group would be damaged if the calf muscle was torn?

14. What do bones in the skull do over time?

17. The major, long neck muscle that supports the head

18. What muscle group is mainly worked when performing a side bridge?

Down

1. Name the biggest bone

2. What is the opposite muscle to the bicep?

4. The tendon located at the end of the calf muscle

5. The ribs are attached to which type of vertebrae?

7. Another name for a shoulder blade

8. The two bones in the lower arm include the radius and the _____

9. Metatarsals are found where?

10. A mandible is an example of what type of joint?

13. A substance found in bones beginning with 'M'

15. Where is the scaphoid bone located?

16. A place where two bones meet