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## Yeast Breads



## Across

4. A non-shortening ingredient that contains fat
5. Common word used to describe table sugar
6. Feeds yeast
7. Flour made from the whole kernel of wheat with a high fiber content; 10\% - 15\% protein 15. Holds less moisture than flour starch
8. Process that develops gluten
9. Contributes to a crisp crust
10. Holds more moisture than gluten
11. 2 /3 as sweet as sugar
12. Adds flavor to baked goods Down
13. An ingredient that provides structure
14. Flour that is a blend of hard $\mathcal{E}$ soft wheat; $8 \%-11 \%$ protein
15. Twice as sweet as sugar
16. Shortens strands of gluten
17. Flour is categorized by what characteristic
18. Flour made of soft wheat;

8\% - 9\% protein
9. Gluten develops by kneading what component of flour?
10. Releases carbon dioxide \& alcohol to leaven bread
11. Flour made of soft wheat with a fine texture; 7\%-9\% protein
13. Reacts with baking soda to promote tenderness
17. Flour that has 12\% - 14\% protein
18. Flour that has $41 \%-42 \%$
protein and low starch

