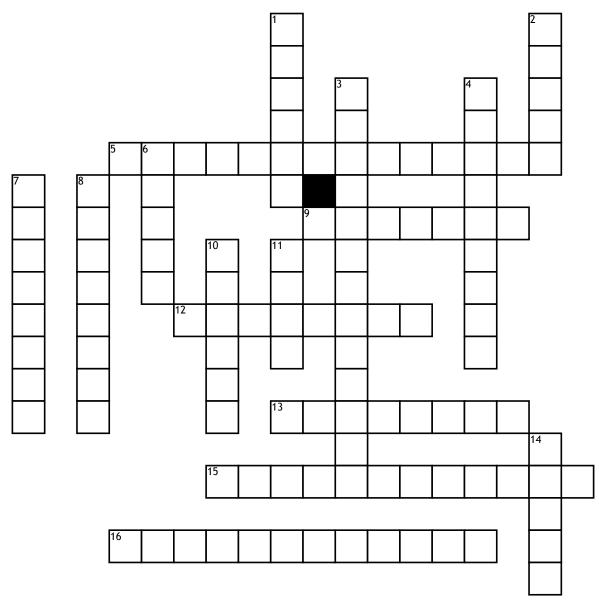
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You Bread My Mind



Across

- **5.** Individual packets contain this in the form of small granules; Should be stored in a cool, dry place. (3w)
- **9.** After proofing, your ball of dough should have ______in size.
- **12.** The first set of time allotted for the dough to rise.
- **13.** The method in which Yeast is mixed with all dry ingredients first, and then with a liquid. (2w)
- **15.** The method in which Yeast is first dissolved in warm water to activate growth.

16. The process of Yeast enzymes breaking down carbohydrates.

Down

- 1. The protein developed in flour which becomes very smooth and elastic with kneading.
- 2. A single-celled living organism that multiplies and grows rapidly when three essential needs are met.
- **3.** The gas that is produced by yeast enzymes that helps the bread rise. (2w)
- 4. Baking Soda, Baking Powder, and Yeast are examples of _____ ingredients that cause things to rise.

- **6.** This kind of thermometer is used to test the proper temperature of the liquid for yeast activation.
- **7.** A four-step process of pushing, folding, and turning yeast dough before it can rise.
- **8.** The liquids milk and water can serve as one of the three things Yeast needs to grow.
- **10.** Yeast needs a third item in order to grow, that falls within an ideal temperature of 110 120 degrees F.
- **11.** Sugar serves as one of the three things Yeast needs to grow.
- **14.** Kneading is a four step process done with your ______.