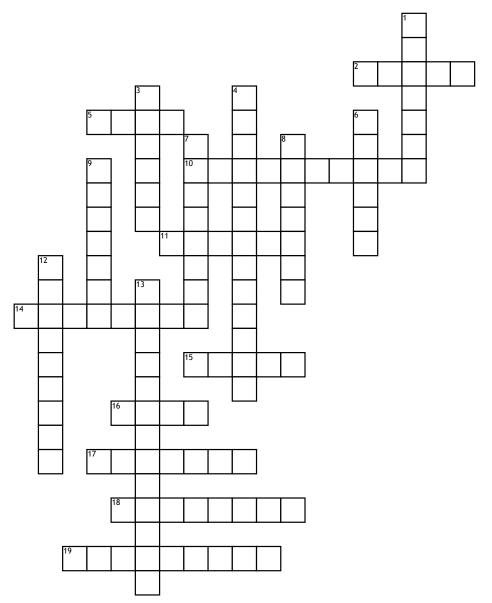
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Young Chef Award- European Culinary, What do you know?..



Across

- **2.** If a person has a lactose intolerance they are intolerant to __products?..
- **5.** To colour or singe the outsides of a product, before or after cooking it. Usually conducted on a char grill or in a frying pan.
- **10.** The flavour your palette is left to experience after eating an item
- **11.** A set of guidelines and instructions to follow to recreate items
- **14.** Items or products made or produced in the home or by yourself
- **15.** A cube of dried fats and herbs designed to enhance the flavour of a dish

- 16. A professional cook
- 17. In Italian this word has a literal translation of "to the tooth", and refers to a degree of cooking used for pasta, rice and vegetables where the food still offers resistance when bitten; of pasta cooked so as to be firm when eaten
- **18.** The provisions of food and/or services
- **19.** Items or ingredients that can cause serious harm to some people; eg soy or celeriac

Down

- 1. A type or style of food created in one particular are; eg, British .. or French ..
- **3.** A popularized European aromatic bulb used as seasoning

- **4.** Where a food product is infected with bacteria from elsewhere
- **6.** A type of cookery which merges multiple styles and spices from different countries into one dish
- **7.** A type of swiss cheese, also the name of a Swiss-borne machine
- **8.** _____ Shake
- **9.** An essential part of cooking to decrease risk to foods and their exposure to other bacterium.
- **12.** The distance ingredients travel before they are used
- 13. Slow Releasers of energy