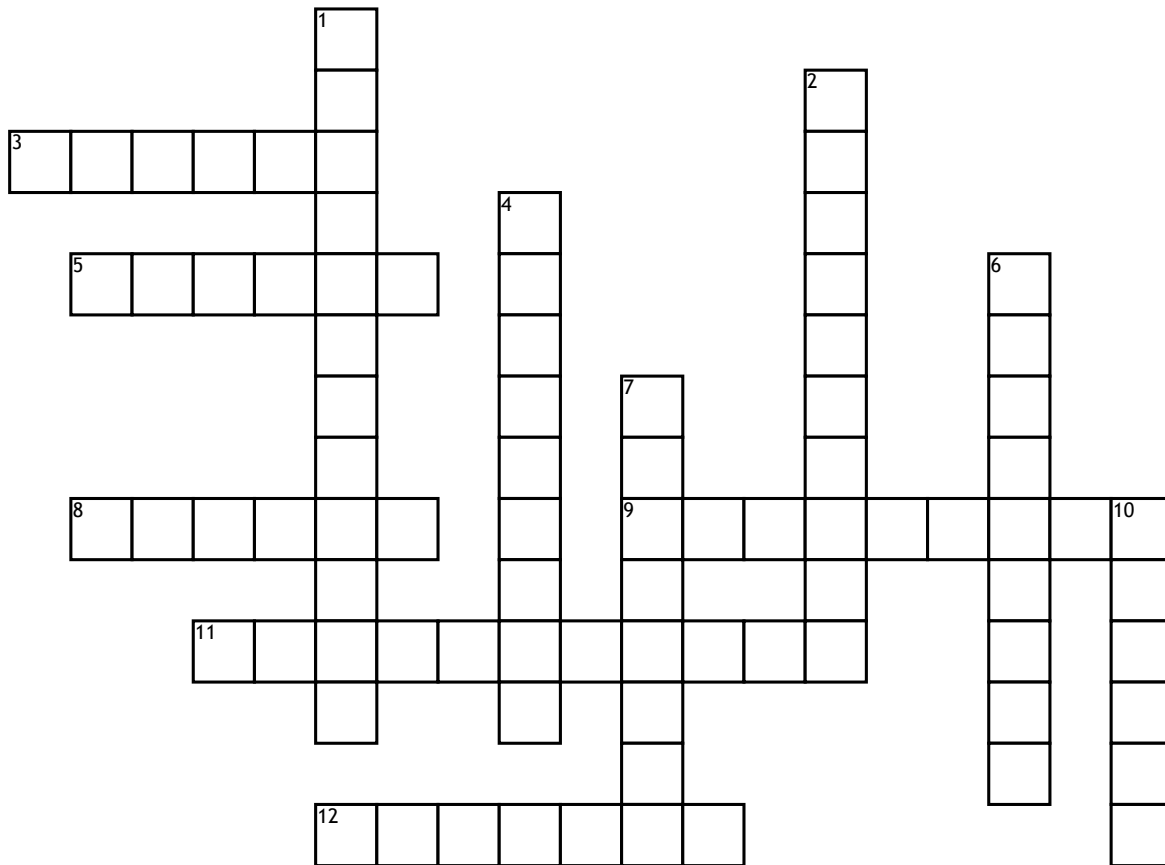


Name: \_\_\_\_\_

Date: \_\_\_\_\_

# Young at Heart



## Across

3. What do women usually feel first as their first sign of heart disease?

5. 40% of heart disease is caused by smoking between the ages of \_\_\_\_-thirty.

8. A common 'atypical' symptom that women feel is \_\_\_\_\_.

9. Women are mostly protected against heart disease until \_\_\_\_\_.

11. There are some \_\_\_\_\_ that are controllable.

12. Blood \_\_\_\_\_ levels should be between 4.0-7.0 mmol/L.

## Down

1. What is the leading cause of death for women in Canada?

2. Because women's hearts are smaller, women are more prone to \_\_\_\_\_.

4. What should you create in order to help reduce your risk factors?

6. Many risk factors \_\_\_\_\_ others.

7. Women usually experience atypical \_\_\_\_\_.

10. \_\_\_\_\_ % of heart disease is preventable