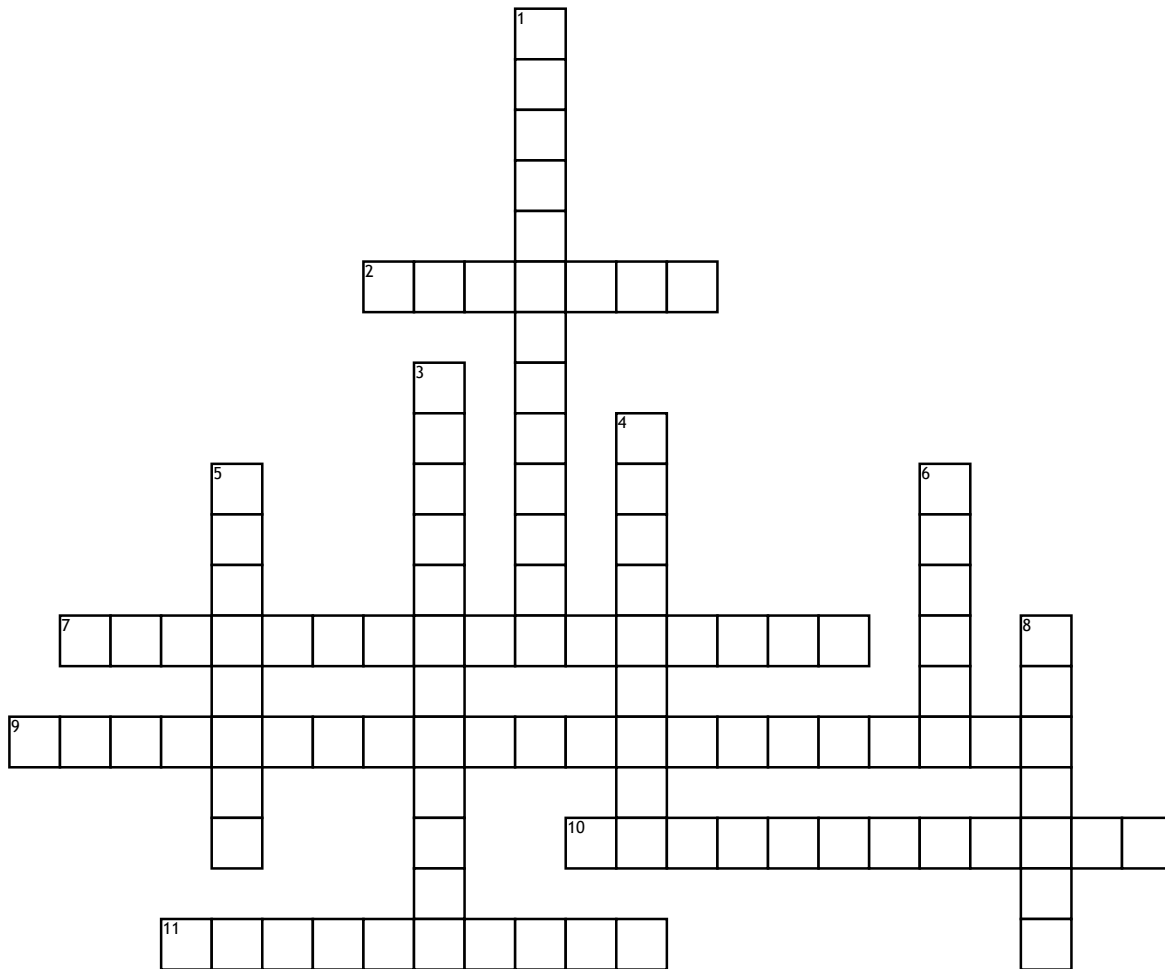


Name: \_\_\_\_\_

Date: \_\_\_\_\_

# childhood nutrition



## Across

2. when a child will only eat one food item meal after meal

7. Snacks That Can Help You Lose Weight

9. Heart conditions that include diseased vessels, structural problems, and blood clots.

10. abnormally high blood pressure.

11. confidence in one's own worth or abilities; self-respect.

## Down

1. A chronic condition that affects the way the body processes blood sugar

3. the amount of a food or drink that is generally served.

4. a type of lifestyle involving little or no physical activity.

5. activity requiring physical effort, carried out to sustain or improve health and fitness.

6. A condition in which the blood doesn't have enough healthy red blood cells.

8. the condition of being grossly fat or overweight.