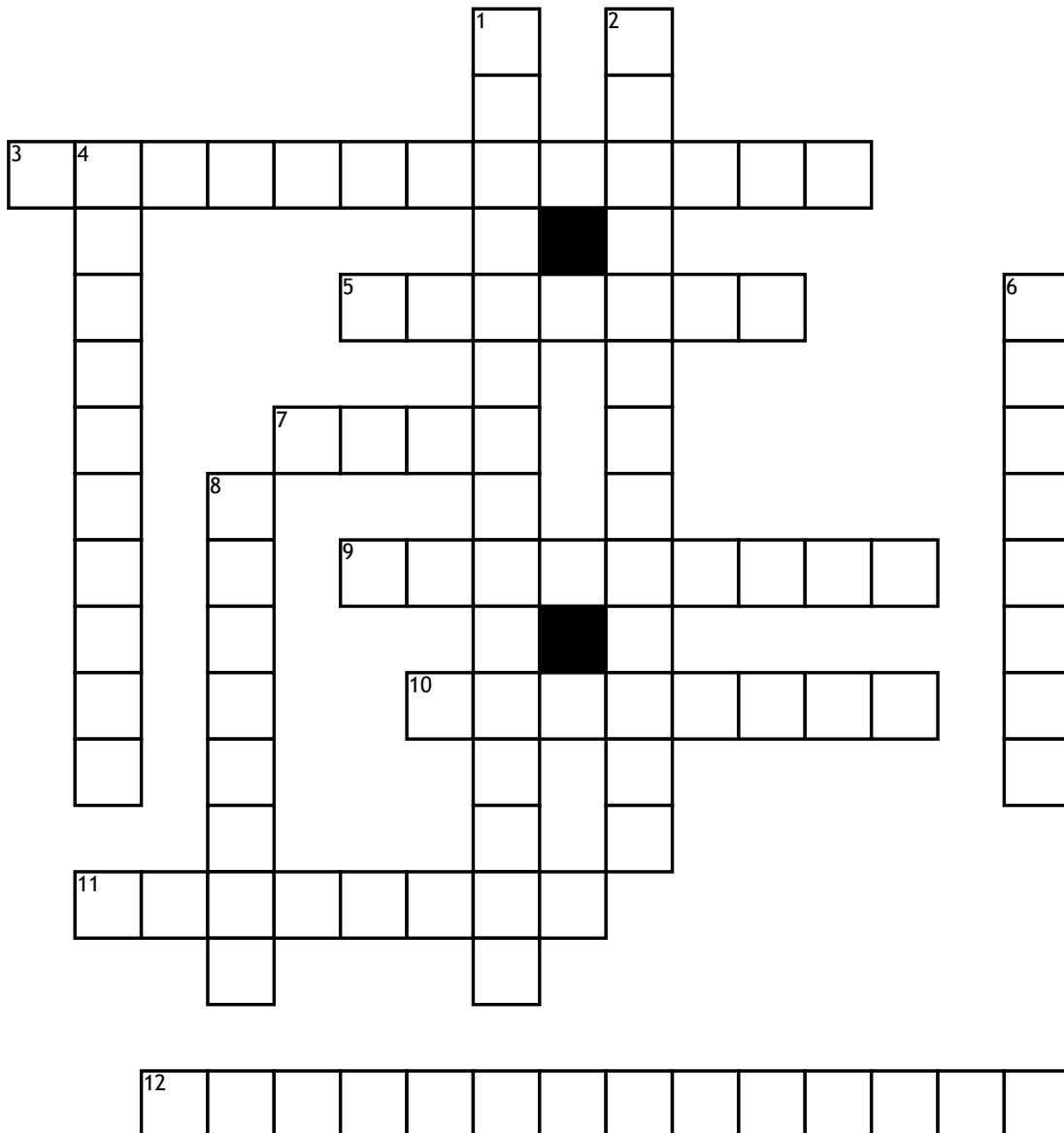


clobs crossword



Across

- 3. a large device that gets its energy from electricy or gas
- 5. the bodys basic fuel supply
- 7. A nutrient that provides a concentrated souce of energy
- 9. fats that appear to raise the LDL choeolesterol in the blood stream

- 10. Nutrients that help build, repair and maintain body tissues
 - 11. The amount of energy needed to raise the temperature in our body
 - 12. fats that seem to help lower choeolesterol level
- Down**
- 1. fats that appear to lower LDL levels and higher HDL levels

- 2. Nutrients that are the bodys main source of enrgy
- 4. chains of chemical building blocks fro proteins are made
- 6. chemicals in food that halp regulate many vital body processes
- 8. non-living substances that help the body work properly