

Name: _____

Date: _____

copying skills

M P N C X X A Z J X Z I A A N V K F L R S D O D
V Q O O S Y P J O D N R R E C O V E R Y E R J C
B K I N T J A X Y B E V Z M L B I U Y F S N V J
G N T F R H W E L F E P V H U T I T V I O I I J
W I A R E D E T M Q N Z R F M C O K A K J M Q V
J I R O S E L N G B O O Q E A Q Q H G T T B H J
E A T N S W O D P M U B M L S I B O L I I T J U
R C S T W K R H I K Y L M F S S Y V C Z O D Q R
Y A U T L T T O L O B G B P D L I H T X B A E U
E H R Y N I N L F J V X R R E M V O Z P V L Z M
B M F C I K O R P R F A K A E D V D N W A A U H
R E O U A P C B W J Z W A Y W K T E X P R E S S
I Y B T P E R M H N Q D M E Y K E R S K N G Z B
L R W I I F X L V I D R Z R F K Z E I R W X T T
S G U R D O Y T E I X N A S E L C Q M G S X O Q
P P W S H W N R C D E J H Q E H L Y J M G N G T
Z L K V G I O T U A C R A V I N G S Z E Y E B T
I K K D Q N I A N G E R M J Y G N T H L C X R S
D K D Z X O I X B S X W C W S S E N I M W W V S
I R H E N A S L B R G P A U J E B M J Y G W J S
S H J U I D L U E Y V J I D T U A R Y N C Y B Q
D A E V I G C E T E N O F I C F L K L N W C W Q
W P G Y J K K A R Z F U Q Q W H C O P E R X F Z
D Y D I B S S L K N M L I W G G P Z B W B P K K

addiction	anger	anxiety	avoid	calm
confront	control	cope	cravings	depression
drugs	emotion	express	family	feelings
frustration	meditation	pain	prayers	recovery
relapse	relax	stress	triggers	weeds