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## culinary vocab



## Across

2. Bartenders, servers, hosts, bussers, barbacks
3. pressure or tension exerted on a material object.
4. an experienced and trusted adviser.
5. the ability to use one's time effectively or productively, especially at work.
6. an occupation undertaken for a significant period of a person's life and with opportunities for progress.

## Down

1. a wide spectrum of techniques and psychotherapies aimed at controlling a person's level of stress, especially chronic stress, usually for the purpose of improving everyday functioning.
2. is a process that fosters the exchange of information and ideas among individuals or groups that share a common interest.
3. the kitchen area of a restaurant and staff who work in the kitchen.
4. job that generally requires little skill and knowledge, and is generally of a low pay. 6. a series of structured and connected education programs and support.
