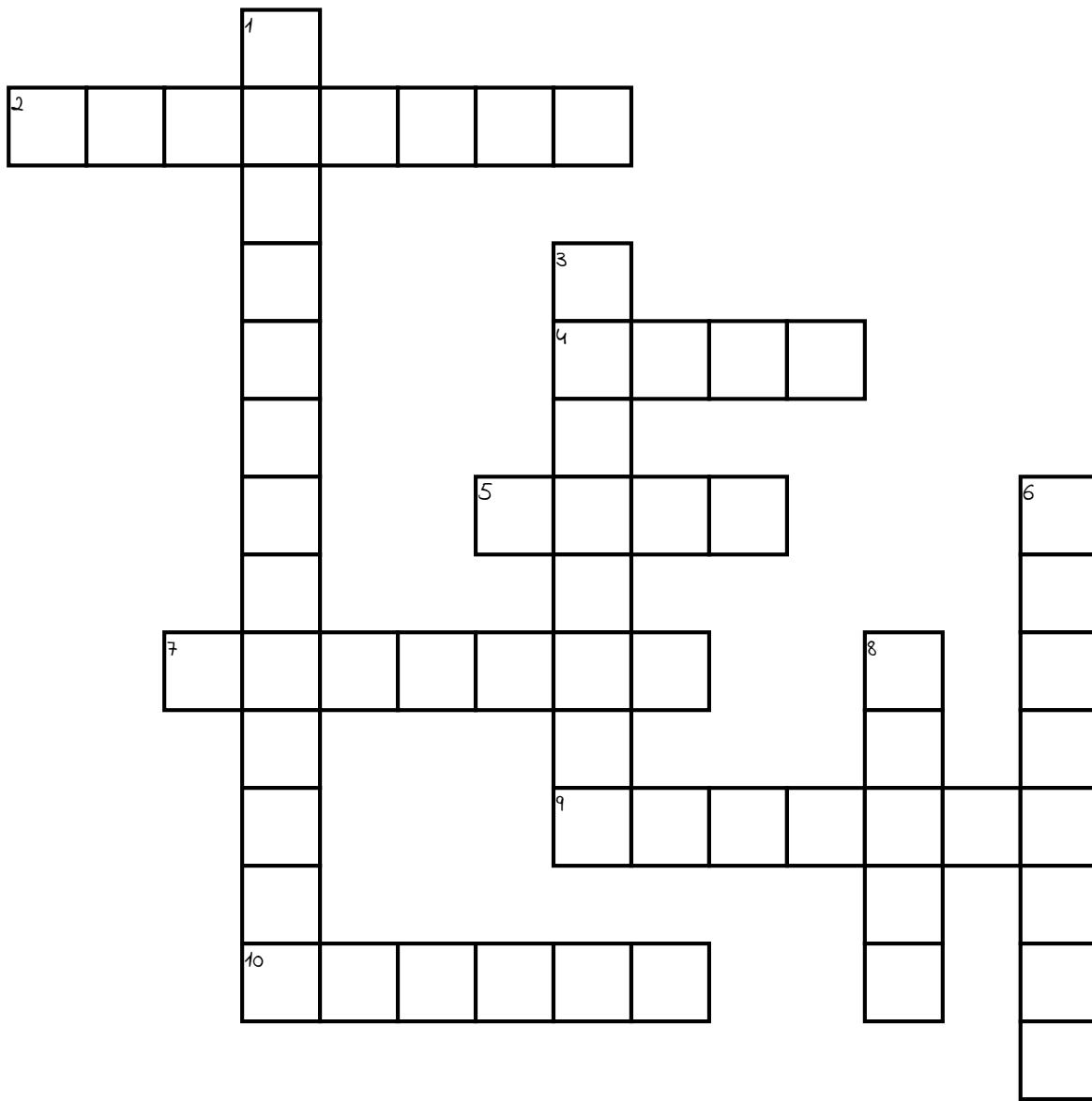


Name: _____

Date: _____

food



Across

2. what vitamin helps with vision
4. what helps transport oxygen
5. name the food group that a person with diabetes avoid
7. what food group helps boost energy
9. what helps to strengthen your bones
10. what helps to control blood pressure

Down

1. what food group dose a diabetic person need when their blood sugar levels are high
3. what vitamin boosts the immune system
6. what vitamin strengthens bones
8. if someone is lactose intolerance what can they not have