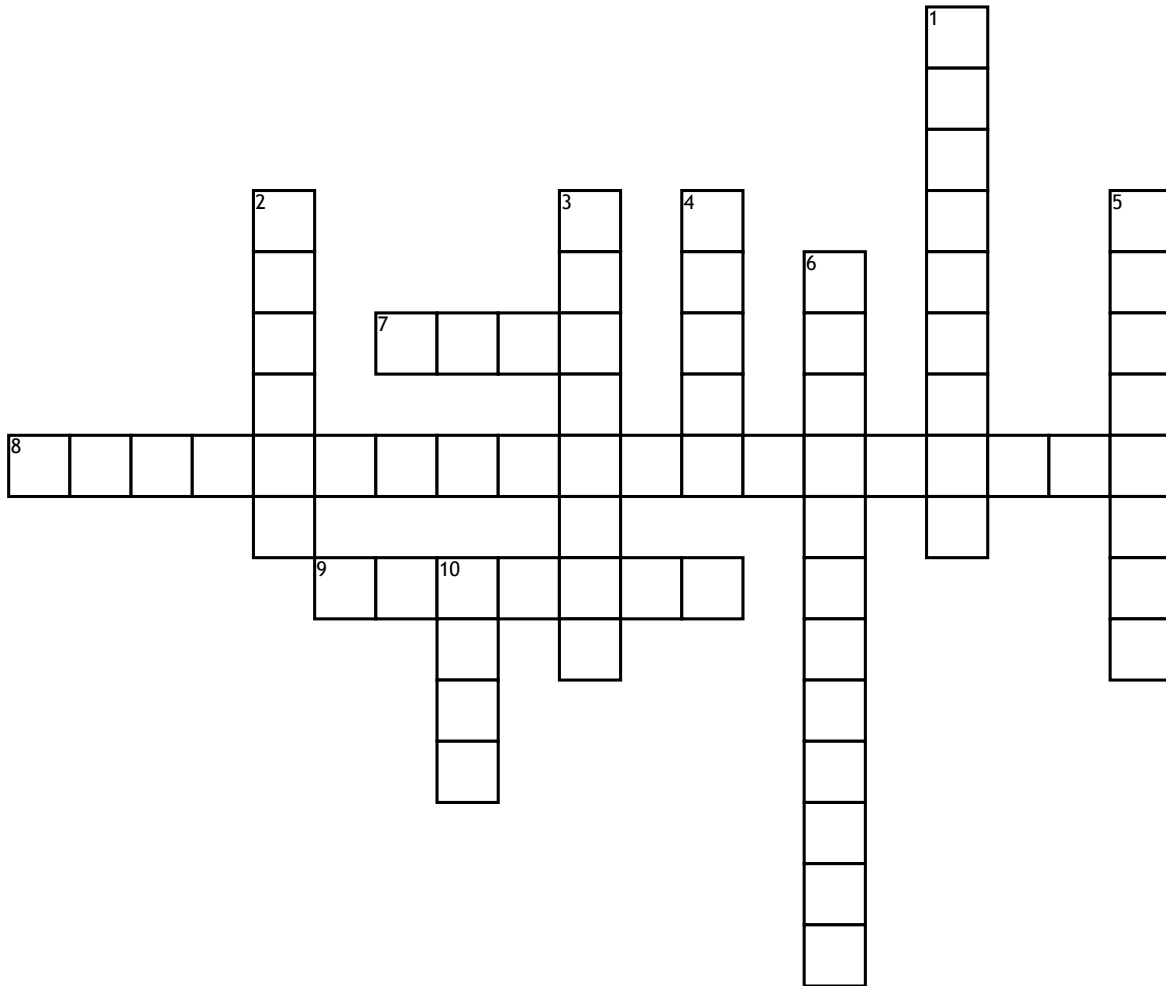


Name: _____

Date: _____

food and nutrition



Across

- 7. something that you eat at birthdays
- 8. a soup that uses vegetables in the winter
- 9. a meal that is mostly rice but does involve peas

Down

- 1. a meal that is the most important

- 2. a meal that is prepared in the evening before you go to bed
- 3. a meal that you can make using eggs that have been whisked together
- 4. a meal that has cheese and tomato on top
- 5. a skill that involves a knife
- 6. a desert that includes apples
- 10. a meal that is cooked slowly and involves vegetables and meat and you eat it with a piece of bread