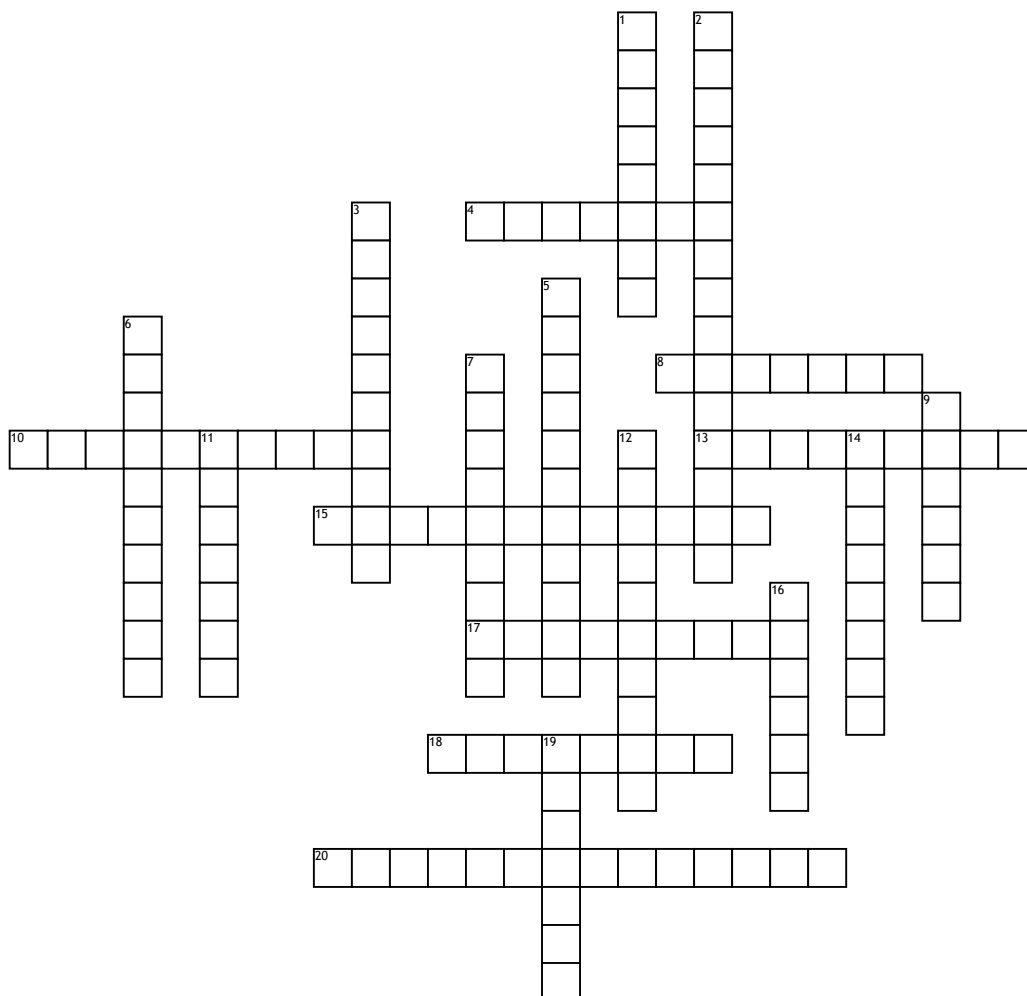


Name: _____

Date: _____

health



Across

4. the chemical element of atomic number 20, a soft gray metal.

8. a solid inorganic substance of natural occurrence.

10. above a weight considered normal or desirable.

13. (of a substance or activity) causing or likely to cause someone to become addicted.

15. able to be communicated to others.

17. a substance that provides nourishment essential for growth and the maintenance of life.

18. a disease in which the body's ability to produce or respond to the hormone insulin is impaired, resulting in abnormal metabolism of carbohydrates and elevated levels of glucose in the blood and urine.

20. any of a range of psychological disorders characterized by abnormal or disturbed eating habits (such as anorexia nervosa).

Down

1. vigorous exercises, such as swimming or walking, designed to strengthen the heart and lungs.

2. not capable of being communicated

3. the action of stopping something from happening or arising.

5. the quality of bending easily without breaking.

6. (chiefly of a drug) reducing functional or nervous activity.

7. a substance that raises levels of physiological or nervous activity in the body.

9. each of a pair of organs in the abdominal cavity of mammals, birds, and reptiles, excreting urine.

11. the ability to understand and share the feelings of another.

12. the state of being inactive; idleness.

14. the amount of energy released when your body breaks down

16. a respiratory condition marked by spasms in the bronchi of the lungs, causing difficulty in breathing. It usually results from an allergic reaction or other forms of hypersensitivity.

19. a membranous sac in humans and other animals, in which urine is collected for excretion.

Word Bank

communicable

bladder

depressant

Aerobics

addictive

kidney

empathy

calcium

eating disorder

flexibility

nutrients

non-communicable

overweight

calories

prevention

asthma

mineral

inactivity

diabetes

stimulant