

Name: _____

Date: _____

health and social.

C K H P L S Z U M E L R H S E K I K O P P N W A
Z V Y S U G D W J C T C D U L A C W L B Y R H R
C H U P U U M O L S I E E P K G O V M P T T E C
A R C A U O N R E T F Q Q P S H H Y A Q T A Q G
Z B S F J Q L U C V Y C E O U R T K O O F P P N
Q G Y A O M N W U V L T M R K N P S K H Y E S I
N B W N M D V D E Q L J U T X T E H G C W X M T
K B R B C K X D L H A B C F Z K C J F S V E H A
Y D J U D G E D B P C Z J R N R N T X R Y R N E
Z G Y X H P Y A A I I G K O D M O O T W V C W Y
S G Z J C D I V T M S D V M S B C E C D I I R H
I O O L Q Q A S S Y Y W Q F T M F C O L Z S Q T
W V D G G C E D Y G H Z W A K G L O S X V E U L
U D N R F V I T L T P B Y M J Z E M M C D C X A
S H X Q I E Z Z L G V P P I D J S F G G U D W E
G Q F Q G W X B A U L G F L E P E O S H X Y R H
A E H J L V G N N D R S F Y P H V R N W E C U M
O N G T B A S P O E Y E X M R X I T Q J K H Y Q
R C X D F P Y J I S W V O E E E T A M M I S Z D
S R V I P I B F T S L K U M S E A B M W Z Y Z M
R J Z U E S F N O E Y U J B S A G L X Q S O L X
H F H Y U T A Z M R W M X E I N E E O Q L A D N
B N S K G Z Y L E T T F X R O Q N P Z S G L R H
O O I F O K O C Z S Q N V S N L W W H C C A K O

support from family members

negative self-concept

emotionally stable

physically fit

healthy eating

comfortable

depression

stressed

exercise

anxiety

judged

gym